ENEWS -- A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/ CENTER FOR MENTAL HEALTH IN SCHOOLS

October, 1999 -- (Vol 4, # 1)

WHAT IS ENEWS? (for those who don't know)

This forum is another link for those concerned with enhancing policies, programs, and practices related to addressing barriers to student learning and promoting mental health in schools. It augments the other ways our Center shares information and facilitates interchange/networking.

FEEL FREE TO FORWARD THIS TO ANYONE.

WHAT'S HERE THIS MONTH

- **Emerging Issue
 - >Can you prove that what you do is effective?
- **News from around the Country
- **Recent Publications Relevant to
 - >Risk, Protective Factors, & Youth Development
 - >Childrens' Mental & Physical Health
 - >Safe & Drug Free Schools
- **Upcoming Initiatives, Conferences, Workshops
- **Call for Proposals and Papers
- **Helpful Resources
- **Job Announcements
- **Internships & Postdoctoral Training
- **Comments/Requests/Questions from the Field
- **News From Our Center and Our Sister Center

To post messages to ENEWS, E-mail them to: smhp@ucla.edu

If you were sent ENEWS indirectly, you can be added to our list at no charge by sending an E-mail request to:

listserv@listserv.ucla.edu

leave the subject line blank, and in the body of the message type: subscribe mentalhealth-L

To remove your name from the mailing list type:
unsubscribe mentalhealth-L

EMERGING ISSUE

>>>Can you prove that what you do is effective?<<

Accountability, results-orientation, empirically supported treatment, etc. etc. No professional means to do bad work. Most professionals believe they are working in the best interests of those they serve. But, increasingly, practitioners are confronted with the problems of:

- **What constitutes proof that what is being done is worth doing?
- **And is the intervention worth the investment?

Related to this is the growing concern that funders are pushing practitioners toward a limited list of "approved" interventions?

And, what's not being discussed is: If you are asked to rely on practices for which there is supportive research, is there a sufficient range of approved practices for dealing with the range of concerns presented by those you serve?

Given the implications of all this, we hope you will take some time to share your perspectives?

You can post your response directly on our website for others to read and respond to or you can send it to:

> E-mail: smhp@ucla.edu Phone: (310) 825-3634 Write: Center for Mental Health in Schools, Department of Psychology, UCLA Los Angeles, CA 90095-1563

To be successful, prevention interventions must focus on enhancing and creating positive environmental contexts -- families, schools, and communities -Bonnie Benard

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NEWS FROM AROUND THE COUNTRY

>>National centers focused on enhancing MH in schools begin 5th year << As our Center at UCLA and our sister center in Baltimore move into a 5th year of operation, we want to remind everyone about the range of resources available to anyone who wants to ask. Many who receive this electronic newsletter appear unaware that they can sign up to receive our regular topical Newsletters, download a variety of resources from our website (http://smhp.psych.edu), and avail themselves of technical and training opportunities. See contact information in this issue of ENEWS.

>>Preventing Mental Health Problems in School-Age Children<< Preventing Mental Disorders in School-Age Children: A Review of the Effectiveness of Prevention Programs," by M.T. Greenberg, C. Domitrovich, and B. Bumbarger (1999). Identifies critical themes in prevention research and summarizes state-of-the-art prevention. The document covers over 130 programs. Published by Prevention Research Center for the Promotion of Human Development, College of Health and Human Development, Penn State University. Download

from web -- www.psu.edu/dept/prevention. Contact: Dr. Domitrovich; email: cxd130@psu.edu; Ph: (814) 865-2616.

>>New Initiative: National Academy of Sciences<<

The Board on Children, Youth, and Families and its Forum on Adolescence will establish a committee to review and synthesize existing evidence regarding community-level initiatives and interventions designed to promote positive developmental outcomes among youth. See website: www.nationalacademies.org/cbsse/bocyf.

- >>Research Brief: Reducing Crime in Schools<<
- U.S. Department of Justice reports (July 1999) on a student-based problem-solving model for reducing crime in schools. Findings indicate a substantial reduction in fear among students and teachers, less fighting out of self-protection, fewer threats against teachers, and a reduction in student suspensions. See: www.ojp.usdoj.gov/nij.
- >>Research Brief: Role of Depression in Adolescent Female Delinquency<
 U.S. Department of Justice previews (July 1999) a study by the Project on Human Development in Chicago Neighborhoods (PHDCN) investigating the role of depression in development of antisocial behavior among girls. Preliminary results suggest that depressed girls are more likely to commit crimes than their nondepressed counterparts. See: www.ojp.usdoj.gov/nij.
- >>Memphis City Schools Moves to Restructure Support Services and Expand School Reform<< The September 1999 issue of "Pathways" -- a publication for employees of Memphis City Schools -- reports on the district's new Department of Student Support (formerly the Department of Student Programs and Services). Memphis is the first school district in the country to move forward with an extensive restructuring of student support programs. The new operational plan emphasizes that effective school reform must include not only a focus on reforming instruction and governance/management, but must include a component for addressing barriers to student learning as a primary and essential facet of school reform. For more information, contact the new department at (901) 325-5628.

>>NIH Establishes Five Mind-Body Research Centers<<

NIH has awarded \$10 million in 1999 to fund five centers that will support research on mind-body interactions and health. The centers will focus on research that seeks to understand how beliefs, attitudes, values and stress affect physical and mental health. The locations of the centers are: U. of Pittsburgh, U. of Michigan, U. of Wisconsin, U. of Miami, Ohio State U. Contact: Susan Persons 301/402-1146.

>>Department of Education's New Clearinghouse <<

The department's Office of Educational Research and Improvement (OERI) has created the National Clearinghouse for Comprehensive School Reform to provide research and evaluation of reform designs, models, and strategies. Info will be provided through databases, a web site, and an electronic and quarterly newsletter. See: http://www.ed.gov/offices/OERI/csrrdp.html

>>New Substance Abuse and Mental health Services Administration's (SAMHSA) Center for Mental Health Services (CMHS)Grants<<

More than \$43 million in mental health services grants open to communities across the country. Programs range from promoting the best practices in delivering services to Hispanic communities to funding a national training and technical assistance center for children who are at-risk for emotional disturbances. Contact Shelly Burgess 301/443-4765.

>>Drug and Safety Coordinators in Middle Schools<<

\$35 million in grants for 97 school districts to recruit and train middle school drug prevention and school safety coordinators. See: www.ed.gov/offices/OESE/SDFS/safeschools.html

Math Teacher:

"What is 2, 4, 20, and 30?"

Student:

"CBS, NBC, HBO, and the cartoon channel!"

^^^^^RECENT PUBLICATIONS^^^^^

*RISK, PROTECTIVE FACTORS, & YOUTH DEVELOPMENT<=<=<=

- >>"Preventing Adolescent Health-Risk Behaviors by Strengthening Protection During Childhood," by J.D. Hawkins, et al., Archives of Pediatric and Adolescent Medicine, 153 (March): 226-234, 1999. Intervention program associated with more commitment and attachment to school, higher GPA's, and fewer dropouts and repeating of grades.
- >>Developmental Assets (A synthesis of research on adolescent development) by P.C. Scales & N. Leffert (1999). Published by the Search Institute. Discusses the assets building approach advocated by the Search Institute.
- >>"The Federal Grants Manual for Youth Programs: A Guide to Youth Risk Behavior Prevention Funding," by the Institute for Youth Development (IYD). Identifies resources to address problems faced by youth. Contact: IYD; Ph: (703) 471-8750; Fax: (703) 471-8409; Website: www.youthdevelopment.org.
- >>"Healthy Teens: Third Edition," by Bridge Communications, Inc. provides an overview of adolescent health and risk-taking issues. Contact: Bridge Communications; Ph: (248) 646-1020; Fax: (248) 644-8546; Email: bridgecomm@aol.com; Website: www.bridgecomm.com.
- >>"Making After School Count," a Mott Foundation publication. Describes afterschool environments that turn fun activities into innovative strategies for academic success. Contact: (800) 766-1753; email: Talk2Us@Mott.org; website: www.mott.org.
- >>"Bringing Education to After-School Programs" (Summer 1999) tells how reading, math, college prep, technology, and the arts can be integrated into after-school programs. On line: www.ed.gov/pubs/After_School_Programs/
- >>"What Does it Take to Reform a Low-Performing School?" and summaries of recent publications on this topic. On line: www.ed.gov/offices/OERI/At-Risk/newsletter/spring99/
- >>"Dispelling the Myth: High Poverty Schools Exceeding Expectations" provides findings of common school attributes of high-performing, high-poverty schools. On line: www.ed.gov/offices/OUS/eval?elem.html#Title I
- >>"Where Interventions Harm: Peer Groups and Problem Behavior," by T. Dishion, J. McCord, and F. Poulin, American Psychologist, Vol. 54, No. 9, pp. 755-764, September, 1999. Longitudinal study found that peer aggregation during early adolescence, under some circumstances, inadvertently reinforces problem behavior.
- >>"Lives on the Line: American Families and the Struggle to Make Ends Meet," by M Shirk, J. Lawrence Abner and N.G. Bennett; published by the National Center for Children in Poverty (NCCP). Documents the painful life experiences that affect low-income families. Contact: (212)

304-7195.

>>"Living Conditions for the Children of the Working Poor: A Study of Washington Heights, an Immigrant Community in New York City," by The Children's Aid Society (CAS). Presents results of a research study aimed at identifying service gaps. Suggests policy directions for the public, not-for-profit, and private sectors. See: www.childrensaidsociety.org.

*CHILDRENS' MENTAL & PHYSICAL HEALTH<=<=<

- >>"Your Child's Mental Health: What Every Family Should Know," by the Center for Mental Health Services (CMHS). A brochure on how mental health is an essential component of overall health -- provides information on a variety of early sings that may point to a possible mental health problem, and offers suggestions on seeking help. To order, contact: CMHS, (800) 789-2647.
- >>"Topical Reprints," prepared by The American School Health Association (ASHA) provides information on topics including HIV, coordinated school health programs, and mental health services in schools. Contact: ASHA; Ph: (330) 678-1601; Fax: (330) 678-4526; Website: www.ashaweb.org.
- >>"Introduction to Managed Care: Sixth Volume of the Guide to School Based Health Care," by Advocates for Youth. Provides overview of managed care and discusses how School-Based Health Centers can develop relationships with managed care organizations. Ph: (202) 347-5700; Fax: (202) 347-2263.
- >>"Sharing the Vision: The National Standards for School Counseling Programs," by the American School Counselor Association. Assists school counselors to develop school counseling programs that reflect ASCA's vision of exemplary practice. Contact: ASCA; (800) 401-2404; Fax: (703) 689-0660.

*SAFE & DRUG FREE SCHOOLS<=<=<

- >>"School Violence: Disciplinary Exclusion, Prevention and Alternatives," Special Report, March, 1999. Published by Prevention Research Center for the Promotion of Human Development, College of Health and Human Development, Penn State University. Provides research-based recommendations for policy aimed at responding to and reducing school violence. Download from web -- www.psu.edu/dept/prevention. Contact: B. Bumbarger, (814) 865-2618.
- >>"Making the Grade: A Guide to School Drug Prevention Programs: Revised," by Drug Strategies. An updated and expanded guide to the most widely used drug prevention programs in the nation. Contact: Drug Strategies; Ph: (202) 289-9070; Fax: (202) 414-6199; Email: dspolicy@aol.com

Academic achievement is our goal, and we know that unless we address barriers to learning such as mobility and attendance, we will be limited in achieving this goal.

-Mary K. Boyd & Tom Kingston

- >>Project for Social and Emotional Learning and CASEL Conference-November 6, 1999; Teachers College in New York, NY. Conference title: "Social-emotional Learning and Digital Media: New Means and Methods." Website: www.tc.columbia.edu/academic/psel; Ph: (212) 678-3407.
- >>National Conference of State Legislatures (NCSL) Health Care Conference-November 14-16, 1999; San Diego, California. Topics include: border health, environmental health, mental health, women's health and chronic diseases, and managed cared. Website: www.ncsl.org/programs/health/agenda.htm.
- >>National Organization on Adolescent Pregnancy, Parenting, and Prevention Annual Conference-November 17-20, 1999; Washington, D.C. Theme: Celebrating 20 Years of Work in Adolescent Pregnancy, Parenting, and Prevention: Creating Programs for the Future. Website: www.noappp.org
- >>The Richstone Family Center Conference-November 18, 1999; Los Angeles, CA. The conference theme, "Voice of the Child," focuses on motivating community leaders to plan for the future of children. Website: www.richstone.com.
- >>National Community Association's 34th Annual Conference-December 1-8, 1999; Orlando, FL. The conference theme, "The Spirit of Education: Building Learning Communities," aims to help create and maintain the learning community of the 21st century. Contact: NCEA at (703) 359-8973; Email: ncea@ncea.com.
- >>Teasing and Bullying Workshops- February 3-4, 2000; Wellesley, Massachusetts. Two day-long training workshops that provide both a theoretical framework for understanding teasing/bullying and practical strategies for responding. Participants receive 5 ½ hours of professional development points. Contact: (781) 283-2451; Website: www.wellesley.edu/WCW/projects/bullying.html.
- >>National Student Assistance Conference-March 6-9, 2000; Nashville, TN. The conference theme, "Keeping Students Safe and Drug-Free," focuses on helping kids to be safe and drug free. Contact: 1-800-453-7733.
- >>Third European Conference on Community Psychology- September 11-13, 2000; Bergen, Norway. Theme: "Community Action, Empowerment, and Health Promotion." Contact: www.apa.org/divisions/div27/SCRA_regional.html and look under "Regional and International Activities".

FOR MORE CONFERENCE ANNOUNCEMENTS, REFER TO OUR WEBSITE AT http://smhp.psych.ucla.edu (Go to "Contents" then click on "Upcoming Events of Interest".)

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"I guess TV should be seen as educational;
it's certainly driven me back to reading books."
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^^^^CALL FOR PROPOSALS AND PAPERS^^^^^

>>Center for School Mental Health Assistance (CSMHA) Conference-September 21-23, 2000; Atlanta, GA. Theme: "Advancing School-Based Mental Health Programs." CSMHA is seeking presentation and poster abstracts for conference focusing on local, state, national, and

international developments in school mental health. Contact: CSMHA, University of Maryland, Psychiatry, 680 Lexington St., 10th floor, Baltimore, MD 21201-1570; (888) 706-0980; fax: (410) 706-0984; website: http://csmha.umaryland.edu; email: csmha@umpsy.umaryland.edu.

- >>The Gimbel Child and Family Scholars Award Program: Award Announcement and Call for Nominations 2000. Award recognizes academic and individual efforts at developing intervention for children, adolescents, and their families that promote emotional and physical health and prevent emotional and physical distress. Contact: Judy Lovelace; Ph: (860) 443-2896 ext. 1403; Fax: (860) 442-5909; Email: tpg@cfapress.org. Deadline: January 1, 2000.
- >>New Funding Source: Integrated Health Care Programs for Children and Adolescents. HRSA is providing \$210,000 in funding for programs designed to include physical and psychosocial primary health care, comprehensive mental health services, and substance abuse prevention/treatment services. For more information: www2.cdc.gov/nccdphp/shpfp/index.asp.
- >>DOE: Grants Forecast. Education department recently issued its "grants forecast" which identifies upcoming programs and competitions for fiscal year 2000. The forecast posts the dates when grant applications are available, when they are due, the award size, and contact information. http://ocfo.ed.gov/grntinfo/forecast/forecast.htm

For all you frequent fliers:

^^^^HELPFUL RESOURCES^^^^^

>>FAST Website<< www.scer.wisc.edu/fast.

Families and Schools Together Program, a program that systematically addresses children's mental health in schools, now has a website.

- >>Safe From Harm: Online Anthology on School Security<< www.asbj.com/security/ The American School Board Journal's selection of practical resources on school safety.
- >>ERIC Digests Online<< www.ed.gov/Speeches/09-1999/990923.html Provides digests focusing on topics such as homeless children and after-school programs.
- >>School Health Publications Online<< www.nsba.org/schoolhealth/documents/docs_search.cfm. The School Health Programs at the National School Boards Association (NSBA) now offers four of NSBA's school publications online: school health; AIDS education; nonsmoking school policy; and comprehensive school health.
- >>Colorado Advisory Network (CAN): Helping Children with Special Needs<http://205.188.218.64/can/ Provides educational consultation for parents, schools, and the community in relation to the child with special needs. Includes "Parentline Column," where questions are answered by experts in the field.
- >>Links to State Education Agency School Health Programs<< www.ccsso.org/seahealth.html. The Council of Chief State School Officer's website now features a new page with links to online information on school health issues by state.
- >>CDC National Prevention Information Network (NPIN)<< www.cdcnpin.org/ Now has easier search process.

>>In the Mix<< www.IntheMix.org.

Issue-oriented website for the PBS show "In the Mix." Features a directory of organizations and websites that address teen issues such as depression, gun violence, drug abuse, and smoking prevention, as well as a listing of telephone hotlines.

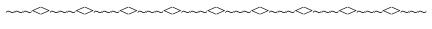
>>National Center for American Indian and Alaska Native Mental Health Research (NCAIANMHR)<< www.uchsc.edu/sm/ncaianmhr/abtmcain.htm A minority mental health research center sponsored by NIMH.

>>School Safety Profiler<< www.rippleeffects.com/needs> Helps schools identify potential problems via early warning signs.

YOU CAN LINK TO OTHER RELEVANT SITES FROM OUR WEBSITE

http://smhp.psych.ucla.edu (From our home page, click on "Links to Other Sites") (Haven't visited our site lately? Click on "What's New" -we add new materials every week.)

If you have favorite sites you think others would find useful, let us know.



^^^^JOB ANNOUNCEMENTS^^^^^

>>>>Program Assistant: Children's Defense Fund<<<< The violence prevention, youth development, and education staff of the Programs and Policy Department, CDF, seeks program assistant to support the national and state policy, research, advocacy, and legislative activities of violence prevention, youth development and education. Contact: HR Department, Violence Prevention and Youth Development Search, Children's Defense Fund, 25 E Street, NW, Washington, DC 20001.

>>>>Human Development Center Evaluation <<<< The Human Development Center (HDC) of James Madison University, an interdisciplinary training and service center, is seeking individual to become part of the multidisciplinary evaluation team. Contact: Steven Evans, Ph.D., Associate Professor of Psychology, James Madison University, MSC 1902, Harrisonburg, VA 22807.

>>>>Health and Social Services Coordination Consultant <<<< The New Jersey Department of Educational is looking for a consultant to assist the Office of Educational Support Services and Interagency Initiatives in planning technical assistance and training for staff who are serving as Health and Social Service Coordinators. Contact: Phil Brown, Office of Educational Support Services and Interagency Initiatives, New Jersey Department of Education, 100 River View Plaza, P.O. Box 500, Trenton, NJ -8625-0500; Ph: (609) 292-5935; pbrown@doe.state.nj.us.

>>>>NIMH: Scientific Review Administrator<<<< Responsible for arranging the reviews of applications in the area of mental health clinical interventions for treatment, prevention and rehabilitation and/or mental health services research. Ph.D. in Psychology required. Closes: October 22, 1999. For more information: www.nimh.nih.gov/orm/pmb/nimh990101.htm.

^^^INTERNSHIPS & POST DOCTORAL TRAINING^^^^

>>>>Predoctoral Internships in Professional Psychology<<<< The Kansas Psychology Training Consortium (KPTC) is offering a broad range of training with diverse clinical populations and

therapeutic modalities including Developmental Disabilities and School/Clinical Child Psychology. Begins August, 2000; Deadline: November 30, 1999. Contact: Joseph E. Neyre, Ph.D., Kansas Psychology Training Consortium, 3705 Clinton Parkway, Lawrence, KS 660047; email: kansasptc@aol.com.

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COMMENTS/REQUESTS/QUESTIONS

>>Request: Dr. Arun Kishore of the Thrissur Medical College in Kerala, India is involved in running a School Mental Health Program and is interested in exchanging ideas with individuals involved in similar programs. Dr. Kishore can be emailed at: akki@vsnl.com.

>>Comment: In response to our request for feedback about topics for future issues, Dr. Patty Gates of the Children's Mental Health Advocacy Project had the following to say: "I think it's imperative that folks in the field of education become familiar with the various personality disorders that can cause such grief for everyone concerned. Often, the mental health community will not "label" anyone with a personality disorder before they are 18 and many times this is a grave mistake... One leading clinical psychologist has stated that the leader in the Columbine massacre was undoubtedly Paranoid Personality Disordered and his accomplice Dependent Personality Disordered... We need to be educated!"

You can respond directly when contact info is provided, or simply send us the information (smhp@ucla.edu) and we will forward it. If you send it direct, please also send us a copy so we can let others know the info.

NEWS FROM OUR CENTER AND OUR SISTER CENTER

(Support for the Centers comes in part from the U.S. Department of Health and Human Services, Public Health Service, Health Resources and Services Administration, Maternal and Child Health Bureau, Office of Adolescent Health.)

^^^FROM the CENTER for MENTAL HEALTH in SCHOOLS, UCLA:

*****New Center Report<<<

EXPANDING EDUCATIONAL REFORM TO ADDRESS BARRIERS TO LEARNING:

Restructuring Student Support Services & Enhancing School-Community Partnerships

Discusses the need to restructure student support services and fully integrate them with school support; highlights the importance of weaving school and community resources together; discusses the need to rethink how school board's deal with these matters.

****Join in the Discussion on Youth Development and Addressing Barriers to Development and Learning

We are having a lively Internet discussion (via Listserv and the Interact page on our website) about youth development and barriers to development and learning. Our hope is that this interchange will help participants minimize future debates that oversimplify policy concerns. From our perspective, debates pitting youth development against the idea of also addressing barriers to development and learning tend to misdirect energy that is needed to deal with more central policy

concerns. We agree that a major commitment to enhancing child and youth development efforts and improving instruction is crucial. But, effective prevention also requires direct and comprehensive action designed to remove or at least minimize the impact of major external and internal barriers. It seems clear that we all share the responsibility of promoting healthy development AND addressing barriers. To us, these seem to be both sides of the same coin. See "interact" on our website and tell us your ideas.

As fast as we can, we are adding our materials for Internet access (in PDF file format for easy downloading). Refer to the resources section of our web site for directions on downloading. http://smhp.psych.ucla.edu.

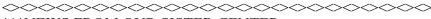
FOR THOSE WITHOUT INTERNET ACCESS, ALL RESOURCES ARE AVAILABLE BY CONTACTING THE CENTER.

Let Us Hear From You:

E-mail: smhp@ucla.edu Ph: 310-825-3634

Fax: 310-206-5895

Write: Center for Mental Health in Schools, Department of Psychology, UCLA Box 951563 Los Angeles, CA 90095-1563 To post messages to ENEWS, E-mail them to smhp@ucla.edu.



^^^NEWS FROM OUR SISTER CENTER

***A complete list of all the Center's published and unpublished materials is now available. An order form, with summaries of each document, is available on the web or by calling toll free (888-706-0980). The new web site address is http://csmha.umaryland.edu

***The 1999 Directory of Expanded School Mental Health Programs is available for purchase. The Directory includes information on 35 school mental health programs in 19 states across the country. The cost for the Directory is \$7.00 plus \$3.00 for shipping. Checks should be made out to the "University of Maryland Baltimore". Payment must be received before the Directory will be mailed out.

***If individuals have information on additional school mental health programs that should be included in the Directory, a description can be obtained on the web on how to submit program information to the Center.

If you wish to be on their mailing list, contact:

CENTER FOR SCHOOL MENTAL HEALTH ASSISTANCE University of Maryland at Baltimore, Dept. of Psychiatry 680 West Lexington Street, 10th fl., Baltimore, MD 21201; Ph: 888/706-0980; E-mail: csmha@csmha.ab.umd.edu; http://csmha.umaryland.edu

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IS THERE ANYTHING YOU'D LIKE US TO INCLUDE IN THE NEXT ISSUE?

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THIS IS THE END OF THIS ISSUE OF ENEWS Below is a brief description of our Center.

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA, we have established a Center for Mental Health in Schools. The Project and Center are co-directed by Howard Adelman and Linda Taylor.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given policies and strategies that can counter fragmentation and enhance collaboration between school and community programs.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials development, direct assistance, and facilitating networking and exchanges of ideas.

For more information about the Center or about ENEWS, contact Perry Nelson, Howard Adelman, or Linda Taylor at UCLA School Mental Health Project/Center for Mental Health in Schools

Voice: (310) 825-3634 Fax: (310) 206-5895

E-mail: smhp@ucla.edu Web Site: http://smhp.psych.ucla.edu

Write: School Mental Health Project/

Center for Mental Health in Schools

Dept. of Psychology, UCLA, Box 951563,

Los Angeles, CA 90095-1563.