

**News From Our Center and Our Sister Center

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****COMMENTARY****

**>>>>>Perspective on the White House Conference on Mental Health
(held on Monday, 6/7/99)<<<<<**

The good news and the bad news. On the positive side, the White House conference should help enhance a growing concern about mental health. On the negative side, the emphasis was overwhelmingly slanted toward mental illness and its biological bases and treatment. From the perspective of mental health in schools, the conference underscores some fundamental concerns about the thinking that is shaping policy, practice, research, and training.

The Administration's initiatives directly related to young people mainly are to launch a national school safety training program for teachers, school personnel, and community members and expand the "Caring For Every Child" campaign (which identifies and supports children with mental illness). Other initiatives for enhancing response to mental illnesses may have some spill over for youngsters (e.g., various pushes for coordinated Medicaid services, outreach to the mentally ill who are homeless, responding to the mental health needs of crime victims, educating the criminal justice community to better prevent crime by mentally ill people and address the needs of offenders with mental illness, and more biologically-oriented research).

As policy makers move toward action, the need is to ensure that the focus is broadened from mental illness to a perspective of mental health that also encompasses wellness, prevention, and early-after-onset interventions -- with an emphasis on psychosocial as well as biological factors. Intervention thinking must expand beyond medication and psychotherapy to include the type of comprehensive and multifaceted continuum necessary to effectively address the full range of mental health and psychosocial problems that plague this country. And, it is essential that greater consideration be given to the role schools can and must play not only in identifying individuals with problems, but in helping to generate programs and services that mesh with community resources to establish effective systems of prevention, systems of early-after-onset intervention, and systems of care.

NEWS FROM AROUND THE COUNTRY

>>>Educational Excellence for All Children Act of 1999

President Clinton and Secretary Riley recently unveiled the Educational Excellence for All Children Act of 1999, the Administrations proposal for reauthorizing the Elementary and Secondary Education Act (ESEA) of 1965. The emphasis is on high academic standards, top-quality teachers, smaller classes, safe schools, and strengthened accountability. Key provisions include:

- * A School Emergency Response to Violence program aimed at providing rapid response to districts that experience traumas.
- * Making after-school and summer programs more available, encouraging greater parental involvement, putting useful technology into classrooms, making schools smaller and more community-oriented, increasing foreign language-learning opportunities, providing parents more choice in public schools, and reforming

high school to stress academic and personal development.
See website for more information: www.ed.gov/offices/OESE/ESEA/index.html

>>>Advocates for Youth New Legal Center

The D.C.-based Advocates for Youth has launched a new legal center with start-up funds from the Annie E. Casey, Ford, and W.T. Grant foundations. The Center for Adolescent Health and the Law will be based in Chapel Hill, N.C. and will be directed by Abigail English.

Contact: Abigail English, J.D., Center for Adolescent Health and the Law,
211 North Columbia Street, Chapel Hill, NC 27514; Phone: (919) 968-8850;
Fax: (919) 968-8854; Email: aenglish@adolescenthealthlaw.org

>>>Superintendents Demand State Master Plan (reported in the Los Angeles Times 5/29/99)

In CA, Orange County's 29 school superintendents have called for a moratorium on all education legislation until a master plan for children in K-12 is completed. Denouncing what they call the "willy-nilly" promulgation of well-meant but poorly thought-out regulations, they are demanding the Legislature provide a workable long-range plan. As one superintendent put it: "Our teachers and our principals are shell shocked with this barrage of reform movements."

>>>>ASHA announces new MH section

A new section for mental and social health professionals has been added to the American School Health Association. This represents another opportunity for networking and leadership training related to mental health in schools.

Contact: Susan Wooley, Ex. Dir., 7263 State Route 43, P.O. Box 708, Kent, OH 44240
Ph: 330/678-1601

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Teacher to student:

"How come I don't get overtime
for keeping you after school?"

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^^^^^^RECENT PUBLICATIONS^^^^^^

****Comprehensive Approaches, Collaboration, and Policy<=<=<=<

>>"Implementing Schoolwide Programs: An Idea Book on Planning" focuses on schoolwide program planning and combining resources. -- www.ed.gov/pubs/Idea_Planning/

>>"School-Linked Comprehensive Services for Children and Families- What We Know and What We Need to Know" This report and its attached lists of resources provide information for taking the next step beyond self-examination toward building a strong network of resources. -- www.ed.gov/pubs/Compre/index.html

>>"Meeting the Needs of Migrant Students in Schoolwide Programs." Describes how migrant

students continue to be served under "schoolwide" improvement programs. --
www.ed.gov/offices/OUS/eval/migrant2.html

>>"Beyond Collaboration to Results: Hard Choices in the Future of Services to Children and Families." By Sid Gardner (1999). Includes suggestions for developing outcomes, options in governance, and other elements of systems reform. Contact: Arizona Prevention Resource Center, 641 E. Van Buren, Ste. B-2, Phoenix, AZ 85004; Ph: 800/432-2772.

>>"Strategies to Achieve a Common Purpose: Tools for Turning Good Ideas into Good Policies." Published by the Policy Exchange of the Institute for Educational Leadership (1999). Describes seven strategies for scaling up from small successes and explains how to apply these strategies to issues important to children and families. Contact: Ph: 202/822-8405, Email: iel@iel.org Web: www.policyexchange.iel.org.

*****School Health and Safety<=<=<=<

>> "Guide to School-Based Health Care Vol. VI : Introduction to Managed Care." Published by Advocates for Youth (1999). Provides SBHCs with an overview of managed care and a discussion of how to develop relationships with managed care organizations. Contact: Sabrina at (202) 347-5700; email = Sabrina@advocatesforyouth.org Website = www.advocatesforyouth.org

>>"Adolescent Health Issues: State Actions 1998." Published by the National Conference of State Legislatures. Summarizes laws and resolutions on adolescent health issues from 1992 to 1998. Contact: Nicole Kendell Ph: 303/830-2200 Email: nicole.kendell@ncsl.org, Website: www.ncsl.org/public/catalog/cyfcats.htm

>>"Annual Report on School Safety 1998." Published by the U.S. Departments of Education and Justice (1998). Provides parents, schools, and the community with an overview of the nature and scope of school crime, and describes actions schools and communities can take to address this critical issue. Contact ED Pubs at: 800/4ED-PUBS [NCES 98-251] or download from: www.ojp.usdoj.gov/bjs/.

>>"Protecting Students from Harassment and Hate Crimes: A Guide for Schools." Provides practical guidance in responding to and preventing harassment and violence against students because of their race, color, national origin, sex, or disability. -- www.ed.gov/pubs/Harassment/

>>"New Patient Education Brochures." Published by the American Academy of Pediatrics (1999). Brochures cover the following topics: A Guide to Children's Medications, Temper Tantrums, Divorce and Children, The Internet and Your Family. Contact Ph: 800/433-9016, Fax: 847/228-1281 Web: www.aap.org.

>>"Making the Consumers' Voice Heard in Medicaid Managed Care: A Guide to Effective Consumer Involvement." Published by the National Health Law Program (1999). Discusses how

to involve consumers in the design, implementation, and evaluation of Medicaid programs. Partial text available on NheLP's website: www.healthlaw.org

>>"The National Longitudinal Study of Adolescent Health" A school-based study of adolescent health-related behaviors designed to explore the causes of these behaviors, with an emphasis on the influence of social context. www.cpc.unc.edu/projects/addhealth_home.html

*****Findings from Evaluations <=<=<=<

>>"State Monitoring Reports" is now posted on the Office of Special Education Programs from OSERS webpage. -- www.ed.gov/offices/OSERS/OSEP/monrepts/index.html

>>"Federal Education Legislation Enacted in 1994: An Evaluation of Implementation and Impact" (April 1999) assesses the effectiveness of the Improving Schools Act, Goals 2000, and the School to Work Opportunities Act.-- www.ed.gov/offices/OUS/eval/1994legislation.html

>>"Promising Results, Continuing Challenges: Final Report -- National Assessment of Title I" Highlights and the report executive summary. -- www.ed.gov/offices/OUS/eval/eval/1994legislation.html

>>"Even Start: Evidence from the Past and a Look to the Future" is a policy report that synthesizes information from national studies and evaluations of the Even Start program. -- www.ed.gov/pubs/EvenStart/highlights.html

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"Today America is beginning to awaken to,
the concept that children's intellectual, social,
and emotional development is dependent on decent
and enriching lives along with academic learning."

-Harold Howe II, "Thinking About Our Kids"

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^^^^^^UPCOMING CONFERENCES/WORKSHOPS^^^^^^

>>Social Emotional Learning Institute -- in New York, NY at Teachers College, Columbia University -- July 12-16, 1999. Aims to present current thinking and practice that will further social and emotional learning in elementary through high schools. Contact: Ms. Eleanor Lazarin, Program Coordinator, by Ph: 212/678-3407, Fax: 212/678-8417, Email: sel@columbia.edu, Web: www.tc.columbia.edu/~academic/csel.

>>National Healthy Mothers, Healthy Babies Coalition Biennial Conference-August 2-4, 1999 in Seattle, WA. Conference goals are to help participants replicate innovative models that improve access to quality health care, learn strategies to help eliminate ethnic and racial health disparities, understand emerging health issues, and build partnerships. Contact: Ph: (703) 836-6110, or Email: info@hmhb.org.

>>Wise Guys: Male Responsibility Program Training - November 11-12, 1999 in Greensboro, NC. Provides intensive training to enable program replication of Wise Guys, a program for young men ages 10-19 that aims to prevent adolescent pregnancy through abstinence and sexual responsibility. Contact: Family Life Council at (336) 333-6890.

>>National Organization on Adolescent Pregnancy, Parenting and Prevention Annual Conference -- November 17-20, 1999 in Washington, D.C. Celebrating 20 years of work in adolescent pregnancy, parenting and prevention; creating programs for the future. Contact: NOAPP Headquarters, Phone: (202) 783-5770 or Fax: (202) 783-5775.

>>Safe Schools Coalition Conference- November 18-20, 1999 in Orlando, FL. Conference theme: "Youth Violence and Substance Abuse." Contact (800) 537-4903.

FOR MORE CONFERENCE ANNOUNCEMENTS, REFER TO OUR WEBSITE AT <http://smhp.psych.ucla.edu> (Go to "Contents" then click on "Upcoming Events of Interest".)

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First youngster: "I taught my dog how to whistle."

Second youngster: "Let's hear him?"

First youngster: "Can't. I said I taught him. I didn't say he learned to do it."

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^^^^^CALL FOR PROPOSALS AND PAPERS^^^^^^

>>>>>SAMHSA and CMHS Grants<<

Several major grant opportunities related to preventing school violence/enhancing resilience and focused on children at-risk of emotional disturbance are available from the Substance Abuse & Mental Health Services Administration and its Center for Mental Health Services. See the SAMHSA website: www.samhsa.gov/grant/o323briefs.htm

>>>>>Grants for Fostering Student Awareness of Public Health Issues/Practices/Careers<<

The Association for Supervision and Curriculum Development's Health in Education Initiative is offering ten grants (up to \$20,000 per year for 2 years) to junior/middle and high schools who partner with a community-based public health organization to bring public health into the curriculum in an innovative manner. Info on: www.ascd.org/health_in_education or Contact: Project director, Health in Education Initiative, 1703 N. Beauregard St., Alexandria, VA 22311-1714 Ph: 703/575-5622 E-mail: health@acsd.org

>>>>>Journal of Threat Assessment<<

Seeking manuscripts (30 pages or less) dealing with all aspect of assessing and managing threats and violence. Contact: J.T. McCann, Editor, 31 Beethoven St., Birminghamton, NY 13905

>>>>>Innovative High Schools Sought<<

The National Association of Secondary School Principals and the U.S. Department of Education

are co-sponsoring the 1999 New American High Schools Site Identification Competition. The goal is to identify 80 to 100 "national showcase" high schools -- schools that have undergone extensive reform to insure that all students meet challenging academic standards and are prepared for college and careers. Schools engaged in comprehensive reform and able to demonstrate significant achievement are encouraged to apply. Applications due by 7/2/99. See www.ed.gov/offices/OVAE/nahs/index.html.

^^^^^HELPFUL RESOURCES^^^^^

>>Institute on Violence and Destructive Behavior<< www.interact.uoregon.edu/ivdb/ivdb.html
The Institute's mission is to empower schools and social service agencies to address violence in order to ensure safety and facilitate academic achievement and healthy social development.

>>Drug Prevention<< www.ed.gov/offices/OESE/SDFS/parents_guide/
Among the many resources on the Safe and Drug Free Schools Program site is "Growing Up Drug-Free: A Parent's Guide to Prevention"

>>"Keeping Schools and Communities Safe"<<
www.ed.gov/offices/OESE/SDFS/safeschools.html A new website developed by the Office of Elementary and Secondary Education, features publications, funding opportunities, and organizations that can help keep schools and communities safe.

>>"Early Childhood Digest on Family Resource Centers: Where School Readiness Happens"<<
www.ed.gov/offices/OERI/ECI/digests/98october.html A quarterly report on ways that families, child-care providers, and schools can work together to help young children learn.

>>Community Schools- Linking Home, School and Community<<
http://eric-web.tc.columbia.edu/community/community_schools/
Focuses on the idea that no public school can succeed without community support, and that parents and other community members can become equal partners with professional educators in reforming schools strengthening families, and revitalizing communities.

>>Health Insurance<< www.ed.gov/offices/OUS/chip
Provides information about the Children's Health Insurance Program (CHIP).

>>School-To-Work Discussion Board<< www.stw.ed.gov/rooms.htm
The School-To-Work (STW) website has added a new "discussion board" that focuses on career majors/pathways, employment involvement, educators/parents/students/standards and STW, state news and updates, work-based learning, and general discussion.

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YOU CAN LINK TO OTHER RELEVANT SITES FROM OUR WEBSITE  
<http://smhp.psych.ucla.edu>



The Family Studies Unit, a satellite office of UCLA's Center for Community Health, seeks supervisor of the day-to-day operations of two longitudinal intervention studies on HIV and cancer among adolescents. Position begins August, 1999. Contact: Dr. Mary Jane Rotheram-Borus, Phone: (310) 794-6077; Or Contact: Personnel Director, The Family Studies Unit, 320 West 13th Street, 4th floor, New York, NY, 10014; Fax: (212) 645-8889.

^^^^^^POSTDOCTORAL OPPORTUNITIES^^^^^^

>>>>Postdoc fellowship at University of Washington<<

Two years research training in development and prevention of conduct disorders and related problems. Part of NIMH funded Fast Track project. Start date negotiable.. Contact: Robert McMahon, Dept. of Psychology, Univ. of Washington, Box 351525, Seattle, WA 98195-1525. Ph: 206/685-9127.

>>>>Postdoc Fellowship at Stanford University<<

Two years for M.D. or Ph.D. Research focus on externalizing disorders of childhood. Begins Summer 1999; apply before July 1. Contact: Lynne Huffman, Stanford Univ., Dept. of Pediatrics 750 Welch Rd., Suite 325, Palo Alto, CA 94304

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"Education change needs more depth. We need to put the heart back into it. Once we grasp this point of how to go deeper, we can then go wider in our change efforts beyond the school in ways that are purposeful and emotionally engaged, rather than through means that are opportunistic (as in marketing) or bureaucratically superficial (as in school councils)."

-Andy Hargreaves

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\*\*\*COMMENTS/REQUESTS/QUESTIONS\*\*\*

>>Lisa Swenarski and her colleagues recently provided technical assistance to Arnold Shapiro Productions for their new documentary about teen sex. She wants to pass on the message before school is out that the documentary will be aired this July 29 at 8pm (ET/PT) on UPN. The documentary emphasizes the importance of communication with respect to three main issues: teen pregnancy, dating and relationships, and sexually transmitted diseases.

>>Beverly Bradley passed along a message from the California Center for Health Improvement (CCHI) announcing that nine new "Policy Profiles" (related to preventing violence regulation) have been added to the "Policy MATTERS" Database. To access, click on the "Policy MATTERS" logo, then select the Healthcare issue area. Website: [www.cchi.org](http://www.cchi.org)

>>A high school resource specialist, is seeking ideas related to a 9th grader with serious emotional problems. The student is in Special Ed and has two of his core classes taught as tutorials. The only time he actually gets work done is when someone works with him one-to-one and he feels like doing something. The resource teacher thinks the student would be better served in a "therapeutic" (SED) class, but it is at another high school. The student's parents are uncertain about moving him, and the student is opposed to the move because it reunites him with students with whom he has a history of social and behavioral problems. If you have thoughts about how to approach this, send an Email to us and we will forward your ideas to the teacher.

>>>A school psychologist recently contacted our Center for information about how other schools are handling sexual harassment situations, how best to proceed with internal hearings for establishing the facts, and whether there are any established protocols or models to follow. Our response focused on the Dept. of Education on-line publication titled: "Protecting Students from Harassment and Hate Crime: A Guide for Schools." Website: [www.ed.gov/pubs/Harassment/](http://www.ed.gov/pubs/Harassment/). If you have any other information that would be helpful, please pass it on to us.

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You can respond directly when contact info is provided, or simply send us the information (smhp@ucla.edu) and we will forward it. If you send it directly, please also send us a copy so we can let others know the info.

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\*\*\*NEWS FROM OUR CENTER AND OUR SISTER CENTER\*\*\*

The CENTER for MENTAL HEALTH in SCHOOLS, UCLA:

####Check our website for WHAT'S NEW and for a list of Resources Available to you.  
<http://smhp.psych.ucla.edu>

>>>ONGOING INITIATIVE RELATED TO SCHOOL BOARDS

Our Center is exploring ways to work more closely with school boards and their associations. We are considering hosting a leadership meeting on this matter. Let us know your thoughts about the agenda, who to invite, and when and where such a session should be held.

>>>SOME NEW RESOURCES

\*\*\* Our quarterly newsletter, Addressing Barriers to Learning (Vol. 4, No. 2) is in the mail and available on our website. The feature article, "Expanding School Reform," highlights expanded school reform models being planned and/or implemented by the Memphis (TN) City Schools, the New American Schools' Urban Learning Center Model at Elizabeth Learning Center in Los Angeles, and the Central O'ahu (HI) District. The focus in each is on comprehensive, multifaceted, and integrated approaches to enable learning by addressing barriers that interfere with development, learning, and teaching. Also in the issue is a discussion of Prereferral Interventions and a self-study survey for schools related to crisis response and prevention. If you are not on our mailing list, let us know and we will add your name and send you a hard copy of the entire newsletter.

\*\*\* New Report from the Steering Committee for the "Coalition for Cohesive Policy in Addressing Barriers to Development and Learning" (May, 1999). This report reflects our efforts to distill, analyze, and extrapolate work done at the Coalition's April, 1999 steering committee meetings and to integrate the consensus of what was explored with some frameworks to guide analyses of policy related to addressing barriers to development and learning.



680 West Lexington Street, 10th fl., Baltimore, MD 21201;  
Ph: 888/706-0980; E-mail: [csmha@csmha.ab.umd.edu](mailto:csmha@csmha.ab.umd.edu);  
<http://csmha.ab.umd.edu>

The Center for School Mental Health Assistance (CSMHA) at the University of Maryland at Baltimore, Dept. of Psychiatry, is a national training and technical assistance center designed to promote the expansion and improvement of mental health services for school-aged children and youth. The CSMHA is directed by Mark Weist, Ph.D. and Olga Acosta, Ph.D. is the Program Coordinator.

Like our center, the CSMHA is supported by the Maternal and Child Health Bureau, Office of Adolescent Health, Health Resources and Services Administration, U.S. Dept. of Health and Human Services.

IS THERE ANYTHING YOU'D LIKE US TO INCLUDE IN THE NEXT ISSUE?

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THIS IS THE END OF THIS ISSUE OF ENEWS  
Below is a brief description of our Center.

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## WHO ARE WE?

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA, we have established a Center for Mental Health in Schools. The Project and Center are co-directed by Howard Adelman and Linda Taylor. The Center for Mental Health in Schools at UCLA is one of two national centers. The other center is at the University of Maryland at Baltimore.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given policies and strategies that can counter fragmentation and enhance collaboration between school and community programs.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include

gathering and disseminating information, materials development,  
direct assistance, and facilitating networking and exchanges of ideas.

For more information about the Center or about ENEWS,  
contact Perry Nelson, Howard Adelman, or Linda Taylor at

UCLA School Mental Health Project/Center for Mental Health in Schools

Voice: (310) 825-3634 Fax: (310) 206-5895  
E-mail: smhp@ucla.edu Web Site: <http://smhp.psych.ucla.edu>  
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Dept. of Psychology, UCLA ,  
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