ENEWS: A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/ CENTER FOR MENTAL HEALTH IN SCHOOLS

June, 2002 (Vol. 6 # 9)

WHAT IS ENEWS: (For those who don't know) This is another link for those concerned with enhancing policies, programs and practices related to addressing barriers to student learning and promoting mental health in schools. It augments the other ways our Center shares information and facilitates interchange/networking.

Feel Free to Forward This to Anyone

WHAT'S HERE THIS MONTH

**Emerging Issue >>>School Boards: Elected, Appointed, or Eliminated?

**News from Around the Country

**Recent Publications Relevant to
 >Children's Mental and Physical Health
 >Family, Community & Schools
 >Policy, Law, Finances, & Statistics

**Upcoming Initiatives, Conferences, Workshops

**Calls for Grant Proposals/Papers

**Other Helpful Resources

**Requests/Information/Comments/Questions from the Field

**Training & Job Opportunities (Including fellowships and scholarships)

**News from the two National Centers focusing on MH in Schools

To post messages to ENEWS, E-mail them to smhp@ucla.edu If you were sent ENEWS indirectly, you can be added to our list at no charge by sending an E-mail request to Listserv@listserv.ucla.edu. Leave the subject line blank and in the body of the message type Subscribe mentalhealth-L.

****EMERGING ISSUES**

>>>School Boards: Elected, Appointed, or Eliminated?

A growing trend is reflected in the current debates in Maryland, Pennsylvania, and Ohio as to whether school boards should be elected or appointed. In some places, there are calls for abolishing school boards. Mayor Bloomberg in New York wants the school board eliminated so that he can exercise control over the schools. There seems to be increasing concern about how well school boards function (e.g., too much micro-managing and patronage and too little big picture perspective and decision making) and whether they do represent the best way to assure local control and a community's values and priorities. At the same time, there is not much evidence that the situation will be improved by moving to appointed boards or doing away with school boards.

What do you see as the best way to improve the governance of school districts?

Post your response directly on our website's Net Exchange page for others to read and respond. Go to http://smhp.psych.ucla.edu Or you can send your response by email to: smhp@ucla.edu Phone: 310/825-3634 Write: Center for Mental Health in Schools Department of Psychology, UCLA, Los Angeles, CA 90095-1563

"Arriving at one goal is the starting point to another." John Dewey

**NEWS FROM AROUND THE COUNTRY

>>EDUCATION DEPARTMENT AND SECRET SERVICE RELEASE REPORT TO HELP "PREVENT SCHOOL ATTACKS"

"The Final Report and Findings of the Safe School Initiative: Implications for the Prevention of School Attacks in the US," a joint report summarizing key findings related to incidents of targeted violence in schools. Training sessions for educators and law enforcement are scheduled for Chicago (6/5), Houston (6/11), Boston (7/10), Atlanta (7/31), and San Francisco (8/14). A Guide to the report entitled: "Threat Assessment in Schools: A Guide to managing threatening situations and creating safe school climates" will be used in the training sessions. Http://Www.threatassessmentseminars.org

Undersecretary of Education Eugene Hickok told the Senate Health, Education, Labor and Pensions Committee that student scores have not risen quickly enough to show adequate progress in 3,000 to 5,000 schools. In these schools, students are to have federally funded tutoring and may be allowed to transfer to other public schools. (http://www.philly.com, 4/24/02)

>>STUDY REPORTS LINK BETWEEN POSITIVE COMMUNITY CHANGES AND HEALTH OUTCOMES

Reduced teen birth rates were reported in areas with the greatest number of community sectors involved as changes were made with respect to risks factors that have been identified as related to adolescent pregnancy In Health Education and Behavior, 2002, 29(2): 183-193.

>>HIGH CORRELATIONS BETWEEN POVERTY/HUNGER AND IMPAIRED ACADEMIC AND PSYCHOSOCIAL DEVELOPMENT OF YOUTH

An NIH supported study documents the link between hunger (homes where there is not always enough to eat) and cognitive, academic and psychosocial development. Compared with well-fed adolescents, young people in such homes also are reported as four times more likely to suffer from chronic, low grade depression; five times more likely to attempt suicide; and are almost twice as likely to have been suspended from school and have more problems getting along with peers. (In Pediatrics, http://www.pediatrics.org/cgi/content/full/108/1/44; http://www.nutrition.org/cgi/content/full/132/3/719)

>>RECESSION HITS CHILDREN

Four million children had an unemployed parent in October-December 2001. A report from the Children's Defense Fund suggests that 2001 undid much of the '90s employment gains for parents. The trend is seen as extending through 2002, with employment problems lingering longest among the most disadvantaged families. http://www.childrensdefense.org

>>MERGER OF THE NATIONAL CLEARINGHOUSE FOR MATERNAL AND CHILD HEALTH WITH THE HRSA INFORMATION CENTER

All materials produced by HRSA programs available at http://www.ask.hrsa.gov

**For a weekly news story relevant to MH in schools, check the "What's New page on our website (http://smhp.psych.ucla.edu)

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If we do not change our direction,

we are likely to end up where we are headed.

#### \*\*RECENT PUBLICATIONS (in print and on the web)

#### >>>>CHILDREN'S MENTAL AND PHYSICAL HEALTH

>"Mental Health, Schools and Families Working Together for All Children and Youth: Toward a Shared Agenda" (2002) http://www.nasde.org/sharedagenda.pdf

>"Effects of the World Trade Center Attack on NYC Public School Students" (2002) http://www.nycenet.edu/offices/spss/wtc\_needs/firstrep.pdf

>"The Role of Early, Multilevel Youth Development Programs in Preventing Health Risk Behavior in Adolescents and Youth Adults" (2002) http://archpedi.ama-assn.org/issues/v156n5/ffull/ped20000.html

>"Prevalence of Attention Deficit Disorder and Learning Disability" (2002) based on CDC's National Health Interview Survey data. Http://www.cdc.gov/nchs

>"National trends in the use of psychotropic medication of children" (2002) Journal of the American Academy of Child & Adolescent Psychiatry, 41(5):530-537. http://www.aacap.org

>"Toward large-scale implementation of empirically supported treatments for children: A review and observations by the Hawaii Empirical Basis to Services Task Force" (2002). Summary online at http://rtckids.fmhi.usf.edu/rtcpubs/datatrends/summary 57.pdf

>"Dismantling stereotypes about adolescents: The power of positive images." (2002) In Adolescent Health: Practice Update from the National Association of Social Workers, http://www.socialworkers.org

>"An intervention trial to improve adherence to community treatment by adolescents after a suicide attempt." (2002) Journal of the American Academy of Child and Adolescent Psychiatry 41(4):435-442. http://www.aacap.org

>"Least Restrictive Alternative Concepts as Applies to Children's Mental Health: Clarifications and Propositions" and "Evaluation of Outcomes for Adolescents Receiving School-Based Mental Health Services" (2002) Children's Services: Social Policy, Research, and Practice, vol5(2).

>"Prevention of Depressive Symptoms in Low-Income Minority Middle Schools Students" (2002) http://journals.apa.org/prevention

>"Meeting the Health Care Needs of Children in the Foster Care System: Framework for a Comprehensive Approach" (2002) http://gucdc.georgetown.edu/foster.html

>"Evidence-Based Practices in Mental Health Services for Foster Youth" (2002) http://www.cimh.org/ >"Characteristics and Needs of Families in an Urban Mental Health Service System"

(http://www.rtc.pdx.edu/DataTrends/pgDT52.shtml) and "An Evidence-Based, Family-Focused, Early Intervention for Prevention Aggressive Behavior"(2002) (http://www.rtc.pdx.edu/DataTrends/pgDT50.shtml)

>"Psychiatric Disability: Factor Structure & Relationship to Diagnosis, Age, Gender & Minority Status" (2002) (http://www.rtc.pdx.edu/DataTrends/pgDT51.shtml)

# >>>>FAMILY, COMMUNITY & SCHOOLS

>"Bullies in School: Who They Are and How to Make them Stop" (2002) http://www.universalclass.com/i/education/education/classes/2743.htm

>"The Rise and Fall of American Youth Violence: 1980-2000" (2002) http://www.urban.org

>"Preparing for the Drug Free Years" (2002) http://www.promisingpractices.net/program.asp?programid=91

>"Lost in the Shuffle: Foster Care and Public Education" (2002) http://www.psrn.org

>"Meeting the Needs of Low Performing Urban Schools" (2002) http://www.albany.edu/~hlawson

>"The Practice of Inclusion" (2002)
http://www.principals.org/news/pl\_pracincl\_0402.html

>"Working Together to Educate Minority Students with Special Needs or Talents" (2002) http://www4.nationalacademies.org/onpi/oped.nsf/

>"Supporting Parents as Leaders" (2002) http://www.responsiveeducation.org

>"Training to Engage More Parents in Youth Programs" (2002) http://www.onyx-group.com

>"The Young, the Restless, and the Jobless" (2002) http://www.levitan.org

"Moving an Out-of-school agenda: Lessons and Challenges across Cities" (2002) http://www.forumforyouthinvestment.org/grasp/execsumm.htm

#### >>>>POLICY, LAW, FINANCE & STATISTICS

>"The State of Children in America's Union: A 2002 Action Guide to Leave No Child Behind" (2002) http://www.childrensdefense.org/release020508.php

>"Growing Up in Poverty: The Effects of Welfare Reform on Children" (2002) http://pace.berkeley.edu

>"Early Childhood Poverty: A Statistical Profile" and Low-Income Children in the United States: A Brief Demographic Profile" (2002) http://cpmcnet.columbia.edu/dept/nccp/

>"Confronting Chronic Neglect: The Education and Training of Health Professionals on Family Violence" (2002) http://www.nap.edu

>"No Child Left Behind: Low-Performing Schools Policy Brief" (2002) http://www.ecs.org/html/newsMedia/e-Connection.asp#ep)

>"Improving Public Schools Toolkit" (2002) http://www.nlc.org/iyef

>"Child-Care Structure, Process, Outcome: Direct and Indirect Effects of Child-Care Quality on Young Children's Development" (2002) http://www.gse.harvard.edu/news/features/mccartney05052002.html

>"State Developments in Child Care, Early Education and School-Age Care 2001" (2002) http://www.childrensdefense.org/head-resources.htm

>"Early Estimates of Public Elementary and Secondary Education Statistics: School Year 2001-2002"; "Statistics in Brief: Revenues and Expenditures for Public Elementary and Secondary Education: School Year 1999-2000"; and "Financing Elementary and Secondary Education in the States: 1997-1998" (2002) http://nces.ed.gov/

>"2002 Kids Count Data Book" (2002) http://www.kidscount.org

NOTE: The Quick Finds topics on our website are updated regularly with new reports and publications such as those above (http://smhp.psych.ucla.edu)

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"Every day, we place at the schoolhouse steps all the needs of the community. The community needs to step forward and say, 'That's our job.""

Rich Harwood

**UPCOMING INITIATIVES, CONFERENCES, WORKSHOPS

>>Prevention, Resilience & Recovery: United for Mental Health, June 5-8, Washington, DC, (http://www.nmha.org) >>Safe and Peaceful Communities, June 10-11, Denver, CO (http://www.cspm.org/confer/vpconfindex.htm) >>National Youth Gang Symposium, June 11-15, Orlando, FL, (http://www.gangsymposium.org) >>National School-Based Health Care Conference, June 20-22, Denver, CO (http://www.nasbhc.org) >>National Forum of the Coalition for Community Schools. June 23-25. Washington, DC (http://www.communityschools.org) >>National Youth Summit, June 26-28, Washington, DC, (http://www.acf.dhhs.gov/programs/fysb/summit.html) >>National Association of School Nurses, June 29-July 3, Lake Buena Vista, FL, (http://www.nasn.org) >>Center for Social and Emotional Education, July 9-12, New York (http://www.csee.net) >>Developing Local Systems of Care, July 10-14, Washington, DC, (http://gucdc.georgetown.edu/institutes.html) >>International Collaborative Teen Conference, July 12-15, Detroit, MI, (http://www.sadd.org) >>Partners for Success: Linking Communities, Families, and Schools, July 15-17, New Haven, CT (http://www.yale.edu/21C) >>9th Annual Institute for Psychology in the Schools, August 21, Chicago, IL, (http://www.apa.org/practice/opas inst.html) >>Advancing School-Based Mental Health Programs, September 18-21, Philadelphia, PA, (http://csmha.umarvland.edu) >>Building Community to Improve Health, September 23-25, Sacramento, CA (http://www.sierrahealth.org) >>American School Health Association, October 2-5, Charlotte, NC (http://www.ashaweb.org) >>American Academy of Child and Adolescent Psychiatry, October 2-6, San Francisco, CA (http://www.aacap.org) >>Latino Psychology Conference, October 18-20, Providence, RI, (http://www.uri.edu/artsci/psy/latpsy02.htm) >>National Community Education Association, November 13-16, Austin, TX (http://www.ncea.com) >>Education at Risk Youth, November 20-22, Louisville, KY (http://www.trc.eku.edu)

FOR MORE CONFERENCE ANNOUNCEMENTS, REFER TO OUR WEBSITE AT http://smhp.psych.ucla.edu (Go to "Contents" then click on Upcoming Conferences)

If you want your conference listed, send the information to smhp@ucla.edu

"...there is a growing realization that without more coordination, without regional planning, without the understanding that

good schools are inseparable from good communities, every problem ...can only get worse..."

Peter Schrag

^ ^ ^ ^ ^ CALLS FOR GRANT PROPOSALS/PAPERS

*U.S. Department of Education grants

http://www.ed.gov/legislation/FedRegister/announcements/

>Safe Schools/Healthy Student Initiative CFDA# 84.184L) Due June 21

(For additional information visit OJJDP's Safe Schools/Healthy Students

Initiative Web site at http://ojjdp.ncjrs.org/grants/safeschools.html

>Mentoring Programs (CFDA# 84.184B) Due July 2

>Migrant Education Even Start Program (CFDA#84.214A) Due July 5

>Fund for the Improvement of Education Program Partnerships in Character Education (CFDA#s 84.215V & S) Due July 11

*Children's Advocacy Centers for Abused Children. Applications available June 20th

http://www.nca-online.org/grants.html

*Office for Victims of Crime, Discretionary Grant Applications, due June 28 http://www.ojp.usdoj.gov

*Substance Abuse & Mental Health Services Administration,

http://www.samhsa.gov

- >Violence and Behavioral Health Technical Assistance Center (SM 02-011) Due June 19
- >Mental Health Workforce Training (SM 02-005) Due June 19
- >Youth Violence Prevention (SM 02-007) Due June 19

>Suicide Prevention Resource Center (SM 02 - 012) Due July 24

>"Snapshot" (see website) provides an overview of Fiscal Year 2002 funding opportunities

*School-Age Review, journal of the National School-Age Care Alliance, seeking submission of articles on topics relevant to after school. See http://www.nsaca.org

Note: IF YOU WANT TO SURF THE INTERNET FOR FUNDS, GO TO http://smhp.psych.ucla.edu. Click on Quick Find, scroll down Center Responses to Financing and Funding. Provides links to funding sources.

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I plan on living forever. So far, so good.

+ + + + + OTHER HELPFUL RESOURCES + + + + +

>>>>>Mental Health/Substance Abuse/Health

##Bright Futures Mental Health
(http://www.brightfutures.org/mentalhealth/index.html)
##Helping Children Understand the Terrorist Attacks
(http://www.ed.gov/inits/september11)
##Prevention Decision Support System (http://www.preventiondss.org )
##Understanding Child Sexual Abuse: Education, Prevention, and Recovery
(http://www.apa.org)

##National Assembly on School Based Health Care (http://www.nasbhc.org) Operations Tool Kit; Managed care and practice management training

>>>>>Parents, Schools & Communities

##Starting Early Starting Smart
(http://www.health.org/govpubs/bkd435/sessstory.pdf)
##National Center on Educational Outcomes, Online Accommodations Studies, a
searchable bibliography
(http://www.education.umn.edu/NCEO/Accomstudies.htm)
##Public School Student, Staff, and Graduate Counts by State, School Year 2000-01
(http://www.nces.ed.gov/pubsearch/pubsinfo.asp?pubid=2002348)

# FOR EASY ACCESS TO A WIDE RANGE OF RELEVANT WEBSITES SEE OUR GATEWAYS TO A WORLD OF RESOURCES (http://www.smhp.psych.ucla.edu)

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"I couldn't wait for success, so I went ahead without it." Jonathan Winters

**REQUESTS/INFORMATION/COMMENTS/QUESTIONS FROM THE FIELD

>>In the reauthorization of the Elementary and Secondary Education Act, No Child Left Behind, Section 5541 authorizes grants for the integration of schools and mental health systems. Also referred to as the Domenici Integrated Mental Health and School Program, funds may be used for prevention, diagnosis and treatment. "Funds may be used to enhance, improve, or develop collaborative efforts between school-based service systems and mental health services systems..."

We are interested in hearing about any information about plans related to this sections of the act.

>>Our weekly Mental Health in Schools Practitioner Listserve (an online resource for asking and responding to questions and for requesting info) is now posted on our website each week (http://www.smhp.psych.ucla.edu) Please look at the requests and provide any response you can.

You can join the listserv by emailing smhp@ucla.edu and asking to be added to the Practitioners listserv.

SEND REQUESTS/RESPONSES by phone, fax, email, or on the Center's website "Net Exchange"

^ ^ ^ ^ TRAINING AND JOB OPPORTUNITIES ^ ^ ^ ^ ^

<Program Associate>

Prevention and Children's Mental Health, National Mental Health Association, Washington, DC. Bachelor's degree required, Master's degree preferred. Email jobs@nmha.org

<Program Assistant> American Red Cross, Washington, DC. Coordinate campus clubs for character education, service learning, leadership development. Email daviske@usa.redcross.org

<Executive Director>

Girls Club of Allentown, PA. Administrative positive related to programs, community relations. Email: ccecala@thslaw.com

<Postdoctoral Position>

Child and Adolescent Services, University of California, San Francisco. Focus on cultural context, SES, family and community environments. Email miriamm@itsa.ucsf.edu

<Faculty>

School-Community Psychology program Hofstra University, Hempstead, NY 11549. Contact Howard Kassinove, Chair, Dept. of Psych.

<Clinical Faculty> School Counseling, Graduate School of Education, State University of NY at Buffalo. Jdelucia@buffalo.edu.

<Staff Associates> Columbia University's National Center for Children in Poverty. Contact HR Manager, NCCP, 154 Haven Ave. NY, NY 10032.

FOR MORE INFORMATION ON EMPLOYMENT OPPORTUNITIES, see http://www.smhp.psych.ucla.edu. Go to Content, scroll down to Jobs. Following the listing of current openings, you will see links to HRSA, SAMHSA, and other relevant job site.

**NEWS FROM THE TWO NATIONAL CENTERS FOCUSING ON MENTAL HEALTH IN SCHOOLS

^ ^ ^ ^ Updates from our Center at UCLA

IMPORTANT ANNOUNCEMENT

*****PROPOSED SUMMIT FOR ADMINISTRATORS OF STUDENT SUPPORT PROGRAMS

The Center for Mental Health in Schools at UCLA proposes to convene and facilitate a one-day summit meeting for district, school, and state administrators of student support. The focus would be on:

(1) New directions to advance thinking about the nature of student support and enhance the policy and practice priority status of this component of schooling

(2) Exchanges of information about policy and practice around the country

(3) Strategic problem-solving related to widespread concerns about student support

Following the summit, the Center would circulate a document to key school decision makers outlining recommendations stemming from the summit.

While the Center can supply the meeting space and other costs related to organizing the summit, attendees would cover their travel related costs.

To determine interest, we need to hear from administrators who think they might like to participate. Please email us at: smhp@ucla.edu.

*NEW

>>>"About Mental Health in Schools"

This collection of materials provides a brief overview of why, what and how for a quick look, click on the icon indicating "About Mental Health in Schools" which is on the home page of the center's website (http://www.smhp.ucla.psych.edu)

Also, online for easy downloading or hard copies available

>>>A paper by the Center Co-directors that was commissioned by the National Association of School Psychologists and the ERIC Clearinghouse on Counseling and Student Services entitled:

"Impediments to Enhancing Availability of Mental Health Services in Schools: Fragmentation, Overspecialization, Counterproductive Competition, and Marginalization." See http://ericcass.uncg.edu/whatnew.html

Like all technical assistance and training centers, we continue to evaluate our impact and how to expand the user base. Let us know what you need to make your work with mental health in schools more successful. New resources can be developed and best practices identified. Contact us at:

SCHOOL MENTAL HEALTH PROJECT/ CENTER FOR MENTAL HEALTH IN SCHOOLS UCLA Department of Psychology Los Angeles, CA 90095-1563 Phone (310) 825-3634 Fax (310) 206-5895 Email: smhp@ucla.edu Website: http://www.smhp.psych.ucla.edu

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To post messages to ENEWS, Email them to smhp@ucla.edu
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**UPDATE from our Sister Center, Center for School Mental Health Assistance
at the University of Maryland at Baltimore, Mark Weist, Director
http://csmha.umaryland.edu

^^National Conference:

THIS IS THE END OF THIS ISSUE OF ENEWS

Below is a brief description of our Center at UCLA Who are we?

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA we established a Center for Mental Health in Schools in 1995. The Project and Center are co-directed by Howard Adelman and Linda Taylor.

Our group at UCLA approaches mental health concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given to policies and strategies that can (a) counter fragmentation and enhance collaboration between school and community programs, and (b) counter the marginalization of mental health in schools. We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials, development, direct assistance, and facilitating networking and exchanges of ideas.

As sister Centers, the Center at UCLA and the one at the University of Maryland provide support (training and technical assistance) for mental health and psychosocial concerns in schools. We focus on interventions that range from systems for healthy development and problem prevention through treatment for severe problems. We stress the importance of school improvement and systemic change. There is an emphasis on enhancing collaborative activity that braids together school and community resources. The Centers connect with major initiatives of foundations, associations, governmental, and school and mental health departments. We work to enhance network building from program expansion and systemic change and do catalytic training to stimulate interest in such activity. We demonstrate the catalytic use of technical assistance, internet, publications, resource materials, and regional and national meetings to stimulate interest in program and systemic change. Evaluations indicate the Centers have had considerable impact in strengthening the network of professionals advancing the field of mental health in schools and in changing policies and practices.

For more information about the Center or about ENEWS, contact Center Coordinator Perry Nelson or Center Co-Directors Howard Adelman and Linda Taylor at: UCLA, School Mental Health Project/Center for Mental Health in Schools Box 951563 Los Angeles, CA 90095-1563 Phone (310) 825-3634 Fax (310) 206-5895 Email: smhp@ucla.edu Wesbsite: http://smhp.psych.ucla.edu