

ENEWS -- A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/
CENTER FOR MENTAL HEALTH IN SCHOOLS

July, 1999 -- (Vol 3, #10)

WHAT IS ENEWS? (for those who don't know)

This forum is another link for those concerned with enhancing policies, programs, and practices related to addressing barriers to student learning and promoting mental health in schools. It augments the other ways our Center shares information and facilitates interchange/networking.

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FEEL FREE TO FORWARD THIS TO ANYONE.
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WHAT'S HERE THIS MONTH

**Emerging Issue

>>>>>Can schools wait for empirically-supported interventions?

**Commentary

>>>>>What's a Principal to do?

**News from around the Country

>>>GAO Report Questions School Districts'
Medicaid Billing Practices

>>>Video conferences: "Lessons Learned:
Breaking the Cycle of Violence II"

>>>MindMatters -- A Whole School Approach
to Enhancing Resilience

>>>"Blueprints: A Violence Prevention Initiative"

**Recent Publications Relevant to

>>>>>Service Delivery and Schools

>>>>>About Young People

>>>>>Youth Violence

>>>>>Collaboration

>>>>>Evaluation

**Upcoming Conferences/Workshops

**Call for Proposals and Papers

Dept of Psychology, UCLA,
Los Angeles, CA 90095-1563

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"After all, Martin Luther King did not say,
'I have an idea for a pilot project. He said,
'I have a dream,' and he turned that dream into
concrete action. That action was on a scale that
confronted the full scope of need, and it both
challenged and defied the status quo.
We can do nothing less."

Sid Gardner

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*****COMMENTARY*****

>>>>What's a Principal to do?

Reported in the L.A. Times (July 18, 1999). The school shootings in Colorado apparently were the last straw for a school principal in La Mirada and his friend (a Riverside County school administrator). They both quit their jobs to go on a cross-country survey to better understand what happening to kids today The principal notes that just before his students were to take the Stanford 9 standardized achievement test, he was exhorting them to hunker down and perform well. But he saw they weren't really listening. It was just five days after the Colorado shootings and "I saw my kids were traumatized and frightened ... and really weren't focusing on this test." . But, its not just about violence. He also is quoted as saying: "I was at a meeting about ending social promotion and none of the principals present thought the legislation was well done, but then we had to sit around and figure out how to implement it. I said: 'I don't belong at this table.'"

Clearly schools need to attend to more than exhortations, testing, and legislating an end to social promotion. In reauthorizing the Elementary and Secondary Education Act (ESEA), policy makers must expand school reform to encompass comprehensive, multifaceted approaches to addressing barriers to student learning and performance.

NEWS FROM AROUND THE COUNTRY (and beyond)

>>>GAO Report Questions School Districts' Medicaid Billing Practices

In case you haven't already had this brought to your attention:
A recent US General Accounting Office (GAO) report entitled "Medicaid:

Questionable Practices Boosts Federal Payments for School-Based Services" outlines Congressional concerns about the exponential growth of Medicaid reimbursement to school districts. Questionable practices were raised in relation to administrative costs such as outreach and enrollment assistance, but not for the most frequently compensated costs associated with the delivery of health services. According to the report, the dubious administrative costs refer largely to school personnel providing Medicaid case management-- some school districts have employed private firms to "facilitate their efforts to claim Medicaid reimbursement" and who then take a cut of the generated revenue. For more on this, see: www.gao.gov/new.items/he99148t.pdf

>>>Video conferences: "Lessons Learned: Breaking the Cycle of Violence II"

Some 20 national organizations, including the National PTA, the National Education Association, and the National School Boards Association will co-sponsor a series of three Video conferences to air this fall on breaking the cycle of violence. The first of the series, "Acting on Early Warning Signs" (Sept. 21, 4:00pm EST) will cover identifying and coping with young people at risk for violence. "Comprehensive Prevention Planning" will air Oct. 19, 4:00pm EST; "Containing Crisis: Managing School and Community Emergencies" will air Nov.30, 4:00pm EST. To down-link the entire series or any single program, contact Nancy Silas at (812) 337-7703.

>>>MindMatters -- A Whole School Approach to Enhancing Resilience

Based on feedback from 24 pilot schools that implemented the MindMatters curriculum throughout 1998, the Australia-based MindMatters National Mental Health in Schools Project will make the product available to schools in July 1999. The materials use a "whole school" approach to enhancing resiliency with a range of teaching strategies for promoting skills for learning and developing relationships. Contact: MindMatters: A Mental Health Project in Schools, Youth Research Centre, Faculty of Education, University of Melbourne, Parkville Vic 3052 Australia (Anne Sheehan -- Ph: 03/9344 9639; Shirley Carson -- Ph: 03/9344 9640)
Web: <http://yarn.edfac.unimelb.edu.au/mindmatters/index.htm>

>>>"Blueprints: A Violence Prevention Initiative" (June, 1999)

This Department of Justice Fact Sheet identifies 10 prevention and intervention programs that meet scientific standards of proven program effectiveness in reducing adolescent violent crime, aggression and substance abuse. Contact: www.colorado.edu/cspv/blueprints or www.ojjdp.ncjrs.org

>>>Boost for Kids -- an initiative of the National Partnership for Reinventing Government

This federal initiative is designed to form performance partnerships with State and local governments that are working together to enhance positive outcomes for children, youth, and families. It enables all partners to cut red tape, integrate services and use current funding more effectively. The initiative is led by a Federal Steering Committee which includes 11 federal agencies. For information on the progress of this work, contact: Pamela Johnson, Ph: 202/694-0011, Email: Pamela.Johnson@NPR.GOV

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Ain't computers wonderful ...
Eye halve a spelling chequer
It came with my pea sea
It plainly marques four my revue
Miss steaks eye kin knot sea.
Sauce unknown

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^^^^^^RECENT PUBLICATIONS^^^^^^

****Service Delivery and Schools<=<=<

>>"Focus: Extended-Service Schools" (Summer, 1999)
Published by the DeWitt Wallace-Reader's Digest Fund. This periodic report focuses on the Fund's newest community-based effort at ensuring that children in poor communities have access to quality educational services: the "extended-service school" initiative. Contact: Phone: (212) 251-9800 Email: dwr@wallacefunds.org; Website: www.wallacefunds.org

>>"Schools as Health Service Delivery Sites: Historical, Current, and Future Roles for Psychology" (1995)
A Report of the Schools as Health Service Delivery Sites Work Group of the American Psychological Association Committee for the Advancement of Professional Practice. Examines the role of psychology in risk prevention, and intervention, and the definition of psychology as a health care profession. Contact: Policy and Advocacy in the Schools, Practice Directorate, APA; Email: OPAS@APA.ORG; Phone: (202) 336-5858.

****About Young People<=<=<

>>"Antisocial Behavior by Young People" (1998) by Michael Rutter, Ann Hagell, and Henri Giller. Provides a major international review of research evidence on antisocial behavior. Includes descriptions of different types of delinquency and time trends, and recent advances in prevention and intervention. Contact: Cambridge University Press: www.cup.org; Phone: (800) 872-7423.

>>"Your Child: What Every Parent Needs to Know: What's Normal, What's Not, and When to Seek Help"(1999), edited by David B. Pruitt, M.D.; published by the American Academy of Child and Adolescent Psychiatry. Aparent-friendly guide to emotional, behavioral, and cognitive development from Infancy through Pre-Adolescence. Contact: Harper Collins, Phone: (800) 242-7737 or www.parentshandbooks.org

****Youth Violence <=<=<

>>"Violence-prevention programs in schools: State of the science and implications for future research. By K.A. Howard, J. Flora, and M. Griffen (1999). Applied & Preventive Psychology, 8, 197-215. Reviews school-based violence-prevention interventions published from 1993-1997.

>>"Violence in American Schools: A New Perspective" (1998) edited by Delbert S. Elliott, Beatrix A. Hamburg, and Kirk R. Williams. Offers a new strategy for the problem of youth violence, arguing that the most effective interventions use a comprehensive, multi-disciplinary approach that takes into account differences in developmental stages and overlapping social contexts, families, peer groups, schools and neighborhoods. Contact: Cambridge University Press: www.cup.org; Phone: (800) 872-7423.

****Collaboration<=<=<

>>"Business and Community Leaders Working Together for Change" (1999) Published by the Institute for Educational Leadership, this report focuses on the motivations, rewards, and frustrations of 22 corporate executives involved in community work. It also provides concrete recommendations to business people and community leaders who wish to collaborate. Contact: Denise Slaughter: Email: slaughterd@iel.org; Phone: (202) 822-8405 ext. 19

>>"We're Cooking Up Great Ideas for Involving Parents in Schools" (1999) is a book compiled by The Guilford County Schools Comer School Development Process Action Team that includes parent involvement activities recommended by 25 School principals. Contact: Gwen Willis, Director of Special Programs, Guilford County Schools, 120 Franklin Blvd., Greensboro, NC 27401; Phone: (336) 370-2325.

****Evaluation<=<=<

>>"Journey Analysis: A Framework for Integrating Consultation and Evaluation in Complex Change Initiatives" (1999) by Hal A. Lawson, Journal of Educational and Psychological Consultation, 10, 145-172. Describes "journey analysis," a method designed to facilitate the integration of consultation and evaluation in complex change initiatives.

>>"Evaluation of the Comprehensive Community Mental Health Services for Children and Their Families Program" (1999) published by SAMHSA. Describes a study of school-based health programs which is useful to those interested in obtaining indicators/evaluation models. Contact: Child, Adolescent and Family Branch, Division of Knowledge Development and Systems Change, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of HHS; Phone: (301) 443-2403.

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"The enemy of the truth is very often not
a lie, deliberate, contrived, and dishonest - -
but a myth, persistent, persuasive and unrealistic."

John Fitzgerald Kennedy

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^^^^UPCOMING CONFERENCES/WORKSHOPS^^^^

>>6th Annual Institute for Psychology in Schools
- August 19, 1999 in Boston, MA. Sponsored by the Practice Directorate at the American Psychological Association, this year's institute will offer up to 4.5 CE for Psychologists. Institute theme: "New Solutions for the Millennium: Violence Prevention for Children and Youth." Contact Deidra Ottengren at APA; Phone: (202) 336-5858; www.apa.org/practice/institute99.html

>>From Ripples to Waves: 1st International Conference on Promoting Mental Health at School
- September 13 - 14, 1999, in Helsinki, Finland. Seeks to provide clear objectives for the establishment of mental health promotion as part of an overall strategy for health promoting schools. Contact: Ulla Salomaki, Project Manager, Finnish Centre for Health Promotion, Karjalankatu 2 C 63, FIN-00520, Helsinki, Finland; Phone: (358) 9-7253-0326; Fax:(358) 9-7253-0320; Email: ulla.salomaki@health.fi

>>New England Resiliency Conference

- October 4 and 5, 1999 in South Portland, ME. Conference theme: "Moving Youth, Families, Schools, and Communities from Risk to Resiliency." Aims to present current research and perspectives on effective resiliency approaches including social skills, community service programs, counseling, parenting, and role models. Contact: Common Ground in Prevention, Box 448, Gorham, ME 04038-0448; Phone: (207) 839-6319; (877) 839-6319.

>>San Francisco Medical Society and Lindesmith Center Conference

- October 29, 1999 in San Francisco, CA. Responding to the need for innovative drug education, this year's conference theme is titled "Just Say Know: New Directions in Drug Education." Contact: The Lindesmith Center West, 2233 Lombard St., San Francisco, CA 94123; Phone: (415) 921-4987.

>>Third Annual PSEL-CASEL Conference: Social-Emotional Learning and Digital Media: New Means and New Methods

- November 6, 1999 at Teachers College, Columbia University, New York, NY. Seeks to initiate a global discussion on how and why social and emotional learning will be an essential part of the new emerging educational paradigm shaped by digital technology. Contact: Jonathan Cohen, Director, The Project for Social and Emotional Learning; Columbia University, 300 Central Park West, New York, NY 10024-1513; Phone:(212) 877-7328; Email: jc273@columbia.edu

FOR MORE CONFERENCE ANNOUNCEMENTS, REFER
TO OUR WEBSITE AT <http://smhp.psych.ucla.edu>
(Go to "Contents" then click on "Upcoming Events of Interest".)

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"There's nothing out there for a kid
my age except trouble. And it seems
to find you wherever you go."
-17 year old student
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^^^^^CALL FOR PROPOSALS AND PAPERS^^^^^^

>>>>>National Assembly on School-Based Health Care (NASBHC) Sixth Annual Meeting<<

Seeks workshop proposals and poster abstracts that highlight the role of prevention in school-based health care. Priority given to proposals that include technical skills development, applied research, program descriptions, and policy discussion. Deadline: September 1, 1999. Contact: NASBHC, Call for Proposals and Abstracts, 666 11th St., NW, Suite 735, Washington, DC 20001

(fax and email not accepted).

>>>>>>Prevention in the Community<<

Winter/Spring 2000 Issue, Vol. 20, No. 2. Overviews substance abuse prevention and related issues in the community. Submit editorials on best practices in the community domain; role of collaboration in community prevention; tailoring prevention efforts for community; role of faith community; or mobilizing the media. Deadline: October 1, 1999. Contact: Managing Editor, Prevention Forum Magazine, Prevention First, Inc., 2800 Montvale Drive, Springfield, IL, 62704. Phone: (217) 793-7353; ext. 107; Email: lenzinl@prevention.org

^^^^^HELPFUL RESOURCES^^^^^^

>>CDC's Dash On-line<<

www.cdc.gov/nccdphp/dash/ The CDC's Division of Adolescent and School Health (DASH) website aids in planning a school based health program, locating funding, surveillance data, and policy and content guidelines.

>>WHO Global School Initiative<<

www.who.int/hpr/school/index.html The Initiative seeks to mobilize and strengthen health promotion and education activities at the local, national, regional and global levels.

>>Youth Info Directory<<

<http://youth.os.dhhs.gov/youthinf.htm/profile> Developed by the U.S. Department of Health and Human Services (HHS), this website provides the latest information about America's adolescents.

>>Journals Database Updated<<

<http://mentalhelp.net/journals/> Mental Health Net's comprehensive database that allows users to quickly and easily locate a journal's website has recently been updated. Psychological Journal Search now indexes over 1,600 journals.

>>National Center for Education in Maternal and Child Health<<

www.ncemch.org The NCEMCH website provides easy access to a wealth of MCH knowledge including leading NCEMCH projects and targeted information on organizations, projects, and library resources

>>Prevention First<<

www.prevention.org Provides on-line information on domestic violence, including prevention-related links.

>>American Bar Association Commission on Domestic Violence<<

www.abanet.org/domviol/home.html This website offers a hotline telephone

number to call for assistance or information regarding domestic violence as well as domestic violence fact sheets and statistics.

>>Family Violence Prevention Fund<<

<http://igc.agp.org/fund/> The Fund focuses on domestic violence education, prevention, and public policy reform.

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YOU CAN LINK TO OTHER RELEVANT SITES  
FROM OUR WEBSITE <http://smhp.psych.ucla.edu>

(From our home page, click on "Links to Other Sites")

(Haven't visited our site lately? Click on "What's New" --  
we add new materials every week.)

If you have favorite sites you think others would find useful,  
let us know.

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If you haven't yet taken your summer vacation, remember:
It is better to have loafed and lost than
never to have loafed at all.

James Thurber

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^^^^^JOB ANNOUNCEMENTS^^^^^^

>>>>Nurse Practitioner<<<<

School-based health center in Woonsocket, RI is seeking a Pediatric or Family Nurse Practitioner with experience caring for adolescents or previous work in a public school setting. Contact: Human Resources, Thundermist Health Association, 191 Social Street, Woonsocket, RI 02895; Fax: (401) 767-4165.

>>>>United Way Evaluation Position<<<<

United Way of America is seeking candidates for its outcome measurement team in its community impact group. Contact: Evelyn Amador, Human Resources, United Way of America, 701 N. Fairfax St., Alexandria, VA 22314; Email: evelyn.amador@uwa.unitedway.org

>>>>Research Associate<<<<

Chapin Hall Center for Children in New York City is seeking a part-time Research Associate to assist in a 2-year study of the Ford Foundation's Constituency Building for Public School Reform Initiative. Begins immediately. Contact: Janice Hirota; Phone: (212) 222-9150.

>>>>Research Assistant<<<<

Association for the Study and Development of Community (ASDC) in Washington, DC is looking for a full-time research assistant to coordinate projects, provide technical assistance, conduct interviews, and enter/analyze data. Contact: ASDC 12522 Hialeah Way, Gaithersburg, MD 20878; Fax: (301) 519-0724; Email: ascd@capablecommunity.com

>>>>Associate Director of Clinical Services for School Health<<<<

Boston Public health Commission seeks a nurse practitioner or physician assistant. Licensed in MA. Work in seven school-based health centers. Contact: Boston Public Health Commission, Human Resources, 6th Flr., 1010 Massachusetts, Boston, MA 02118 Fax: 617/534-2418

If teaching and learning are to improve for all students,
we need change: fundamental change, affecting every
aspect of our schools and every school in our school
systems, change from the statehouse to the classroom.
In a word, we need systemic change.

Michael Holzman, "What is Systemic Change?"

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COMMENTS/REQUESTS/QUESTIONS

SEE OUR WEBSITE AND CLICK ON NET EXCHANGE.

>>Dr. Israel Kalman, a school psychologist in Staten Island, has written a paper outlining a method for teaching "teased children" how to stop their tormenters. Dr. Kalman would like to share his work. If you are interested, email him at clydefink@aol.com.

>>Kathleen Lindsay would like to share a program she finds helpful, called Parent Substance and Violence Awareness Training (designed to "empower parents with skills and knowledge to help their children get through the growing-up years"). If you are interested, contact: lindeyenterprises@usa.net or phone at (610) 460-1426.

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The above two items were entered on our website's Net Exchange.

You can respond directly when contact info is provided,  
or go to our website and click on Net exchange and respond there.  
Or simply send us the information (smhp@ucla.edu) and  
we will forward it.(If you send it directly, please also send us  
a copy so we can let others know the info.)

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NEWS FROM OUR CENTER AND OUR SISTER CENTER

The CENTER for MENTAL HEALTH in SCHOOLS, UCLA:

####Check our website for WHAT'S NEW and for a list of
Resources Available to you. <http://smhp.psych.ucla.edu>

>>>Introductory Packet now online:

***"Conduct and Behavior Problems: Intervention and Resources
for School Aged Youth"

In this introductory packet, the range of conduct and behavior problems are
described using fact sheets and the classification scheme from the American
Pediatric Association. Differences in intervention needed are discussed with
respect to variations in the degree of problems manifested and include an
exploration of environmental accommodations, behavioral strategies and
medication.

>>>ERIC Clearinghouses add Center's Materials

Eleven of our packets are now available through the ERIC Clearinghouse on
Urban Education (<http://eric-web.tc.columbia.edu/>) and six others are available
through the ERIC Counseling and Student Services Clearinghouse
(<http://www.uncg.edu/edu/ericcass/>)

>>>Mini-summit Report -- available in August

"Expanding Policy Leadership for Mental Health in Schools"

This document reports on key policy concerns discussed at the June 24th
mini-summit held in D.C. and outlines some preliminary plans for expanding
the pool of policy leaders focusing on mental health in schools.

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As fast as we can, we are adding our materials for Internet access
(in PDF file format for easy downloading). Refer to the resources
section of our web site for directions on downloading.

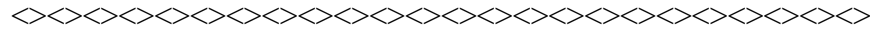
<http://smhp.psych.ucla.edu>.

FOR THOSE WITHOUT INTERNET ACCESS, ALL RESOURCES
ARE AVAILABLE BY CONTACTING THE CENTER.

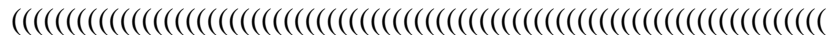
Let Us Hear From You:

to promote the expansion and improvement of mental health services for school-aged children and youth. The CSMHA is directed by Mark Weist, Ph.D. and Olga Acosta, Ph.D. is the Program Coordinator.

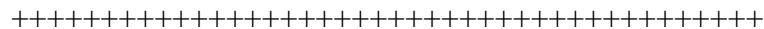
Like our center, the CSMHA is supported by the Maternal and Child Health Bureau, Office of Adolescent Health, Health Resources and Services Administration, U.S. Dept. of Health and Human Services.



IS THERE ANYTHING YOU'D LIKE US TO INCLUDE
IN THE NEXT ISSUE?



THIS IS THE END OF THIS ISSUE OF ENEWS
Below is a brief description of our Center.



WHO ARE WE?

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA, we have established a Center for Mental Health in Schools. The Project and Center are co-directed by Howard Adelman and Linda Taylor. The Center for Mental Health in Schools at UCLA is one of two national centers. The other center is at the University of Maryland at Baltimore.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given policies and strategies that can counter fragmentation and enhance collaboration between school and community programs.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials development, direct assistance, and facilitating networking and exchanges of ideas.

For more information about the Center or about ENEWS, contact Perry Nelson, Howard Adelman, or Linda Taylor at

UCLA School Mental Health Project/Center for Mental Health in Schools

Voice: (310) 825-3634 Fax: (310) 206-5895

E-mail: smhp@ucla.edu Web Site: <http://smhp.psych.ucla.edu>

Write: School Mental Health Project/Center for Mental