

ENEWS -- A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/
CENTER FOR MENTAL HEALTH IN SCHOOLS

February, 1998 -- (Vol. 2 , #5)

WHAT IS ENEWS? (for those who don't know)

This forum is another link for those concerned with enhancing policies, programs, and practices related to addressing barriers to student learning and promoting mental health in schools. It augments other ways our Center shares information and facilitates interchange and networking.

FEEL FREE TO FORWARD THIS TO ANYONE.

WHAT'S HERE THIS MONTH

****Emerging Issue:**

^^^Early-age Screening Programs

****Comments/Requests/Questions from our ENEWS subscribers:**

****News from around the country (new projects, recent publications, reports, resources)**

^^Recent Publications

- Building Supportive Communities for At-Risk Adolescents
- Altered Destinies: Making Life Better for Schoolchildren in Need
- The Handbook of Positive Youth Outcomes
- Promoting Social and Emotional Learning: Guidelines for Education

-Financing Schools

-Addressing Student Problem Behavior: An
IEP Team's Introduction to Functional
Behavioral Assessment And Behavior
Intervention Plans

^^^Treating Student Trauma in Bosnia

^^^Upcoming Conferences, Initiatives, Workshops

^^^Other Information & Website and Listserv
Resources

^^^ Job Announcements^^^

**News From Our Center and Our Sister Center

To post messages to ENEWS, E-mail them to: smhp@ucla.edu
If you were sent ENEWS indirectly, you can be added to our list
at no charge by sending an E-mail request to:
maiser@bulletin.psych.ucla.edu

leave the subject line blank, and in the body of the message type:
subscribe mentalhealth

To remove your name from the mailing list type:
unsubscribe mentalhealth

#####

What the best and wisest parent wants for his (her)
own child that must the community want for all its children.
Any other idea ... is narrow and unlovely.
Dewey

John

#####

EMERGING ISSUE

>>>Early-age Screening Programs

With increasing interest in expanding pre-school education programs comes an increasing reemphasis on early-age screening for behavioral, emotional, and learning disabilities (e.g., greater emphasis on EPSDT efforts, screening programs designed for those in Head Start and kindergarten). Some who are concerned with primary and secondary prevention often advocate for efforts to predict and identify problems early as essential to their approaches. Others argue that large-scale screening programs produce too many false positives, lead to premature prescription of "deep end" interventions, focus mainly on the role of factors residing in the child and thus collude with tendencies to "blame victims," and so forth.

HOW IS EARLY-AGE SCREENING PLAYING OUT ACROSS THE COUNTRY?
ARE CONCERNS BEING ADDRESSED? WHAT LESSONS ARE BEING LEARNED?

Let us hear from you. We will include responses in the next ENEWS and/or on our Website.

E-Mail: smhp@ucla.edu

Phone: (310) 825-3634

Write: Center for Mental Health in Schools

Department of Psychology, UCLA

Los Angeles, CA 90095-1563

COMMENTS/REQUESTS/QUESTIONS FROM ENEWS SUBSCRIBERS

>>>>From John Kalafat (Rutgers University):

I am looking for results of surveys done by school-based service providers as to the primary problems among secondary students that they are addressing. I have just completed a statewide survey of school-based youth service centers and want to compare my findings to those of others.

>>>>From Marian Roy:

I am a counselor in a middle school 7-8th grades and am interested in starting a mentoring program involving parents and possibly community. [I would appreciate] any information on how to get started, training, etc. any book recommendations or resources?

>>>>From John Schlitt

The National Assembly (on School Based-Health Care) is interested in learning more about school-based health centers that offer substance abuse prevention and treatment as part of their service package.

IF YOU HAVE ANYTHING ALONG THESE LINES, PLEASE FORWARD THEM TO OUR CENTER, AND WE WILL COLLATE AND SHARE THESE MATERIALS WITH THE PERSON WHO MADE THE REQUEST AND OTHERS WHO ARE INTERESTED.

+ = + = + = + = + = + = + = + = + = + = + = +

Actual Bumper Stickers (making the e-mail rounds)
Give me ambiguity or give me something else.
Always remember you're unique, just like everyone else.
Lottery: A tax on people who are bad at math.

+ = + = + = + = + = + = + = + = + = + = + = +

NEWS FROM AROUND THE COUNTRY

^^^^Something to Think About^^^^

Under the State Children's Health Insurance Program (SCHIP), states can initiate and expand health assistance -- including mental health benefits -- to uninsured needy, children. The opportunity is there, but advocates will have to monitor state plans and in many cases lobby state policy makers to enhance existing Medicaid benefits -- AND PUSH FOR GREATER ATTENTION TO MENTAL HEALTH.

^^^^^^RECENT PUBLICATIONS^^^^^^

>>>"Building Supportive Communities for At-Risk Adolescents:
It Takes More Than Services"<<<

This book, written by Martha R. Burt, Gary Resnick,
and Emily R. Novick, stresses prevention, protection, and
early detection and recommends an integrated network to
address the comprehensive needs of today's youth.
Contact: 1-800-374-2721; Web site: <http://www.apa.org/books>.

>>>"Altered Destinies: Making Life Better
for Schoolchildren in Need"<<<

Authored by Gene Maeroff, the book focuses on the
problem of impoverished education received by children in
lower income families. In addition to greater financial
investment in schools, the author calls for a support system
that emphasizes four areas: a sense of connectedness, a sense
of well-being, a sense of academic initiative, and a sense
of knowing.
Contact: St. Martin's Press, Scholarly & Reference Division,
175 Fifth Ave., NY, NY 10010

>>>"The Handbook of Positive Youth Outcomes"<<<

A petite, flip-page booklet outlining key factors
in developing from a healthy adolescent into a self-reliant,
competent adult.
Contact: Networks for Youth Development, The Youth Development
Institute, 121 6th Ave., 6th Fl., New York, NY. 10013
(212) 925-6675.

>>>"Promoting Social and Emotional Learning:
Guidelines for Education"<<<

By Maurice. J. Elias, Joseph E. Zins, and others.
In discussing approaches to social and emotional learning
for all levels, the authors draw upon recent studies, relevant
theories, site visits around the country, and extensive
experience.
Contact: 1-800-933-2723; Web site: <http://www.ascd.org>

>>>"Financing Schools"

The Winter, 1997 issue of The Future of Children (V.7, #3); published by the Center for the Future of Children contains a set of major articles dealing with the topic, including an overall piece summarizing the analyses and recommendations. It is especially interesting to read the various articles using the lens of how schools address barriers to learning.

Contact: the journal office at Center for the Future of Children, 300 Second St., Suite 102, Los Altos, CA 94022.
Or visit at <http://www.futureofchildren.org>

>>>>Addressing Student Problem Behavior: An IEP Team's Introduction to Functional Behavioral Assessment And Behavior Intervention Plans

This new resource paper from The Center for Effective Collaboration and Practice can be read and copied through their website.
<http://www.air-dc.org/cecp/resources/problembehavior/main.htm>.

#####

^^^^TREATING STUDENT TRAUMA IN BOSNIA^^^^

>>>Christopher Layne and Jennifer Woods members of the UCLA Trauma Psychiatry Service have just returned from Bosnia. (The Trauma Psychiatry Service is headed by Robert Pynoos who is a member of our Center's Advisory Board.) Chris and Jen report the following:

"For the past one and half years, we have been sponsored by UNICEF to act as consultants to the Federal Ministries in Bosnia and Hercegovina in establishing a school-based mental health program for adolescents who are experiencing persisting, severe war-related distress. The program components include:

- * a classroom-based screening survey that focuses on war-related traumatic events, adverse post-war circumstances (e.g. living as a war-refugee,

parental unemployment), and measures of posttraumatic stress, depression, and grief symptoms;

- * an individual interview with specially trained school counselors to review the student's level of adjustment and need for specialized mental health services;

- * a sixteen-session, manualized group treatment component that focuses on psychoeducation about stress-related symptoms, reduction of posttraumatic stress symptoms, facilitating healthy grieving, and resumption of more normal development.

Currently, 22 secondary schools throughout Bosnia and Hercegovina are participating in the program, and plans for expansion to new sites are currently being made. Support for the program by the Federal Ministries, school administrators, school counselors, and by the students themselves has been excellent.

The UCLA Trauma Psychiatry Service has recently been awarded a grant (by the OCJP) to adapt and implement a pilot version of the program at a combined primary/jr. high school in Pasadena. The program will include a screening survey to identify students with histories of trauma, especially community violence exposure, and individual interview, and a group treatment component. Members of the team plan to conduct several groups this year and prepare the program for wider dissemination."

#####

Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity.

Constitution. The World Health Organization.

#####

^^^^^^UPCOMING CONFERENCES, INITIATIVES, WORKSHOPS^^^^^^

>>>>Children's Defense Fund Annual National Conference<<<<

"Celebrating 25 years of Standing for America's Children"
March 25-28, 1998 in Los Angeles, CA
Contact: Kimberly Taylor (202)662-3684;
E-Mail: CDFupdate@childrensdefense.org;
Web site: <http://www.childrensdefense.org/conf98.html>

>>>>The 2nd Annual Community-Campus Partnerships
for Health Nat'l Conference<<<<

"Principles and best practices for healthier communities."
April 25-28, 1998 in Pittsburgh, PA
Contact Joanna Hunter, Program Coordinator, CCPH
1388 Sutter St. #805, San Francisco, CA 94109;
Phone: (415) 502-7933; E-Mail: hunter@itsa.ucsf.edu

>>>>Family Resource Coalition of America National Conference<<<<

"The Many Faces of Family Support: Creating a culture
of Community Responsibility"
April 29 - May 2, 1998 in Chicago, IL.
Topics: culture and practice, community development,
community-based programming, infusing family support
into public systems, school-linked initiatives,
health/mental health, and others.
Contact: 20 North Wacker Dr. Ste.1100, Chicago, IL 60606
Phone: 1-888-309-9919

FOR MORE CONFERENCE ANNOUNCEMENTS, PLEASE REFER TO OUR WEBSITE AT
<http://smhp.psych.ucla.edu/>

&^&^&^% ^% ^% ^% ^&^&^&^&^% ^% ^% ^% ^&^&^&^% ^% ^% ^% ^&^&^&^&

^^^^^CALL FOR PROPOSALS AND PAPERS^^^^^^

>>>Freddie Mac Foundations Announces Funding for Programs
Focusing on Child Abuse Prevention and Education (ages 1-6)<<<

Available to schools and institutes of higher education.
Contact: Carlisa Hill (703) 903-2214; <http://www.freddiemac.com>
(Deadlines: March 1, June 1, September 1, 1998)

>>>Fund for the Improvement of Education: Partnerships
in Character Education Pilot Projects <<<

Designed to support nationally significant programs to improve the quality of education, assist all student to meet challenging State content standards, and contribute to the achievement of the National Education Goals. (See the Federal Register):

Jan. 6, 1998 [CFDA#84.215V]) Applications are sought from State educational agencies in partnership with one or more local educational agencies. Deadline for Transmittal of Applications: March 16, 1998
Further Information:
<http://ocfo.ed.gov/gophroot/4fedreg/1grantann/010698b.txt>

He felt their relationship might be a bit rocky when she left telling him she had to go home and study for her blood test.

^^^^^OTHER INFORMATION and WEBSITE RESOURCES^^^^^

>>>>CISP Issue Brief

The CISP Issue Brief series is a collaborative publication of the Consortium on Inclusive Schooling Practices (CISP) which produces a variety of Issue Briefs each year for education policy makers and practitioners interested in developing inclusive education systems and communities. Examples of recent topics covered are: "A Framework for Evaluating State and Local Policies for Inclusion," "Providing Accurate Placement Data on Students with Disabilities in General Education Settings." A listing of existing and future issues and other products are available on CISP's web site (<http://www.auhs.edu/CFSP>) or in hard copy.

Contact: Michael Caruso, Nat'l Assoc. of State Boards of Education, 1012 Cameron St., Alexandria, VA 22314 (703) 684-4000.

>>>About Youth Development

The Center for Youth Development and Policy
Research at the Academy for Educational Development
publication list includes: Bridging the Gap; Promoting
Youth Development; Youth and Caring. Their newsletter
Center Connections Quarterly is available at no cost.
Contact: 1875 Connecticut Ave., NW Washington, DC 20009-1202;
(202) 884-8267; Fax: (202) 884-8404; E-Mail: cyd@aed.org

>>>Reclaiming Children and Youth: "Journal of Emotional
and Behavior Problems"<<<

This quarterly journal offers practical strength-
based ideas related to youth in conflict. It includes
topics such as alternatives to punishment, courage for
troubled girls, kids and conscience and includes youth art.
Contact: 1-800-897-3202

>>>> Parent Advocacy Coalition for Educational Rights (PACER)

A statewide nonprofit organization for families of
children and adults with disabilities.

Contact: PACER Center 4826 Chicago Ave. S. Minneapolis, MN 55417
Phone: (612) 827-2966; TTY: (612) 827-7770; Fax: (612) 827-3065
E-Mail: pacer@pacer.org; Web site: <http://www.pacer.org>

The following websites have been brought to our attention:

>>>PSYCHNET: The National Academy of Psychotherapy on the Web site
(<http://www.psychnet.net>)

Announcements, descriptions of programs, continuing
education information, articles of interest, interactive
exchanges for those concerned with psychotherapy.

>>>The Children's Centre at Trinity College Dublin<<<
http://www.tcd.ie/Childrens_Centre/intro.html

This agency serves as a multi-disciplinary university based center Irish children, particularly those who are disadvantaged, by contributing to higher standards in professional practice, scholarship and policy formation. The center is committed to working on partnership with statutory, voluntary and community bodies concerned with children.

=====

You can also link to other mental health related sites
from our Website -- at our new address <http://smhp.psych.ucla.edu>

(If you haven't visited our site lately, click on
"What's New" -- we add new materials every couple of weeks).

If you have favorite sites you think others would find useful,
let us know.

^^^^^^ JOB ANNOUNCEMENTS ^^^^^^

>>>>Project Coordinator<<<<

Qualifications: BA or BS with strong experience in grants management; Masters degree in health, management or communications preferred. Two to five years experience required coordinating research and/or service projects, particularly fiscal aspects, preferably in University setting. Administration or mental health training grant, data gathering and analysis, grant writing, reports and liaison activities with funding agencies and community representative. Send cover letter and resumes to:
Ena Casas, Univ of Illinois at Chicago, Dept. of Psychiatry,
912 S. Wood St., m/c 913, Chicago, IL 60612,
Fax: (312)413-1228 Deadline: until the position is filled
as of Feb. 20, 1998.

>>>>The Chief Program Officer in FamiliesFirst<<<<

The Chief Program Officer in Families First in Davis, CA,
has responsibility for all services provided by the

organization including treatment foster care, in-home mental health, wrap-around, and residential services. Send resume and cover letter to: Morris & Berger, 201 S. Lake Ave., Ste. 700, Pasadena, CA 91101 Fax: (626)795-6330 Deadline: until the position is filled as of Feb. 20, 1998

>>>>Faculty Position in Youth Development<<<<

Tenure-track, open professorial rank (Assistant to Full Professor), faculty position in youth development. This is a 12-month integrated appointment (25% Resident and 75% Cooperative Extension/4-H Youth Development) in the Department of Child and Families Studies in the School of Human Ecology.

Qualifications: A Doctorate in Human Development and Family Studies, Sociology, Psychology, Education, or a related field; evidence of a strong research agenda focused on the developmental period(s) of middle childhood or adolescence; and professional experience in community-based youth programs, etc.

Submit statement of interest, curriculum vitae/extended resume, 3 letters of recommendation, and 3 select samples of scholarly work (publications, program reports, grant proposals) to: Dr. Deborah J. Johnson, Chair, Search Committee Dept. of Child and Family Studies, University of Wisconsin, 1430 Linden Drive Madison, WI, 53706. Deadline: March 30, 1998.

#^

^^^NEWS FROM OUR CENTER AND OUR SISTER CENTER^^^

>>>>From the Center's Clearinghouse

***Paper entitled: "Beyond Placement in the Least Restrictive Environment: The Concept of Least Intervention Needed and the Need for a Continuum of Community-School Programs/Service" Available on request.

***Winter, 1998 Newsletter is being mailed out now.

The lead article is entitled:

"Accountability: Is it Becoming a Mantra?"

Other topics addressed include: accounting for motivational differences in reporting results, lessons learned from a school-community partnership in Dallas, and failure of school reform to address barriers to learning.

IF YOU AREN'T ON OUR MAILING LIST AND WOULD LIKE A COPY OF THE NEWSLETTER, JUST ASK.

***New stuff on our WEBSITE:

If you go to our Website's new address

<http://smhp.psych.ucla.edu>

and click on the What's New icon, you'll find the following:

- *descriptions of new materials available from our center
- "Guiding Parents in Helping Children" (a resource aid)
- "Guidebook: What Schools Can Do to Welcome and Meet the Needs of All Students and Families"
- "Parents and Home Involvement in Schools" (updated Intro Packet)
- *links to new continuing education modules we have added on-line
- *a new section for Commentaries and various other resources.

***New Search Engine: In a few weeks, we will be adding access to our clearinghouse data base along with a new search engine!!

=====

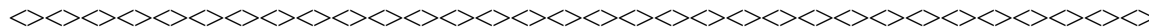
If you want to be added to our mailing list, you can reach us
by E-mail: smhp@ucla.edu

Phone : (310) 825-3634 / Fax: (310) 206-5895

Write: Center for Mental Health in Schools

Department of Psychology, UCLA Box 951563

Los Angeles, CA 90095-1563



Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA, we operate the Center for Mental Health in Schools. The Project and Center are co-directed by Howard Adelman and Linda Taylor and coordinated by Perry Nelson and Judy Onghai.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given policies and strategies that can counter fragmentation and enhance collaboration between school and community programs.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials development, direct assistance, and facilitating networking and exchanges of ideas.

For more information, contact

UCLA School Mental Health Project

Center for Mental Health in Schools

Voice: (310) 825-3634

Fax: (310) 206-5895

Email: smhp@ucla.edu

Web site: <http://smhp.psych.ucla.edu>

Or write: School Mental Health Project/Center for
Mental Health in Schools

Dept. of Psychology, UCLA , Box 951563,
Los Angeles, CA 90095-1563.

=====