Source: UCLA SCHOOL MENTAL HEALTH PROJECT/ CENTER FOR MENTAL HEALTH IN SCHOOLS

December, 1997 -- (Vol. 2, #3)

WHAT IS ENEWS? (for those who don't know)

This forum is another link for those concerned with enhancing policies, programs, and practices related to addressing barriers to student learning and promoting mental health in schools. It augments the other ways our Center shares information and facilitates interchange and networking.

FEEL FREE TO FORWARD THIS TO ANYONE.

## WHAT'S HERE THIS MONTH

\*\*Emerging Issue:

^^^Controversies Re. School Districts Contracting Out Services

- \*\*Requests/Questions from our ENEWS subscribers:
- \*\*News from around the country (new projects, recent publications, reports, resources)

^^^Recent Publications

- -Discussion of School-Related Predictors of Problem Behavior
  - -Children, Violence, and Posttraumatic Stress
  - -Broad overview of the status of evaluations of community based initiatives
  - -Best Practices in School Psychology III -- On CD-ROM
  - -Parents Guide to the Internet

^^^Upcoming conferences, initiatives, workshops

^^^Helpful Website and listserv resources

# ^^^Job Opportunities

To post messages to ENEWS, E-mail them to: smhp@ucla.edu If you were sent ENEWS indirectly, you can be added to our list at no charge by sending an E-mail request to:

maiser@bulletin.psych.ucla.edu

leave the subject line blank, and in the body of the message type:

subscribe mentalhealth

To remove your name from the mailing list type: unsubscribe mentalhealth

"A conclusion is simply the place you got to when you got tired of thinking."

## \*\*EMERGING ISSUE\*\*

>>>>Controversies Re. School Districts Contracting Out Services

Colleagues all over the country have expressed increasing concern about policy makers who are suggesting the contracting out of services provided currently by school staff such as school psychologists, social workers, counselors, and others who deal with psychosocial and mental health matters.

Do you have information about where this is happening and what has been learned about the pros and cons of such policy?

How are managed care and changes in Medicaid/health insurance likely to affect policy decisions regarding contracting out services?

As some have suggested, is such a policy move likely to reduce the total amount of resources available in schools for dealing with psychosocial and mental health concerns?

Let us hear from you. We will include responses in the next ENEWS and/or on our Website.

E-mail: smhp@ucla.edu Phone: (310) 825-3634

Write: Center for Mental Health in Schools

Department of Psychology, UCLA Los Angeles, CA 90095-1563

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# REQUESTS/QUESTIONS FROM ENEWS SUBSCRIBERS:

The Mental Health Section of the National Assembly on School-Based Health Care (NASBHC) is asking for any materials or model program descriptions -- specifically relevant to school-based mental health and psychosocial efforts --

that deal with the topics of

>>>>> Financing

>>>>> Quality Assurance/Evaluation

>>>> Program/Service Integration.

Such information will be collated for use as part of workshops to be held in conjunction with the NASBHC's 1998 Conference (see our website for the date and location).

Send any information directly to our Center and we will forward it.

## \*\*\*NEWS FROM AROUND THE COUNTRY\*\*\*

>>>>Follow-up on Initiative for After School Programs

Hundreds of new after-school centers will be supported by the "21st Century Community Learning Centers" program. This is a \$40 million item in the Labor-HHS-Education appropriations bill. A "notice inviting applications" is in the December 2 Federal register:

http://ocfo.ed.gov/gophroot/4fedreg/1grantann/120297e.txt

On July 31st, the National Mental Health Association (NMHA) in conjunction with the Substance Abuse and Mental Health Services Administration (SAMHSA), and the Center for Substance Abuse Prevention (CSAP), convened an expert working group on "Preventing Substance Abuse and Mental Health Problems in Managed care Settings." Over the next several months, this group will work to

- produce a credible consensus document on the role
  of prevention services in managed care that will be
  utilized by key stakeholders such as purchasers,
  MCOs, providers and consumers
- 2. document and describe potentially useful prevention services with performance indicators and outcomes that could be utilized in managed care plans.

At present, members of the working group are focusing on the following critical issues and developing white papers that will form the basis of the consensus process.

- 1. The scope of preventive services that should be included in managed care.
- 2. How the effectiveness and quality of preventive services can be measured and maintained in managed care.
- 3. How preventive services can be integrated into existing plans.

If you have ideas, experiences, or know of relevant reading materials to contribute to the process, contact Sandy McElhaney, NMHA Director of Prevention at National Mental Health Association, 1021 Prince Street, Alexandria, VA 22314, phone: 703-838-7506, fax: 703-684-5968, e-mail: nmhaprev@aol.com

Broadcast Satellite Series (The Council for Exceptional Children)
IDEA Reauthorization: Moving from Enactment to Implementation
Broadcast Time: January 21, 1998
To register, call 1-888-CEC-SPED or fax, (703) 264-9494
http://www.cec.sped.org



Federal Education Bill Includes \$150 Million Program for "Whole School Change"

\$120 million is targeted to Title I schools; 26 million for non-Title schools; and 4 million for Regional education Labs, etc.. This funding is designed to promote scale-up efforts related to the eight New American Schools design teams and selected other comprehensive school change designs. School grants of \$50,000 a school year are proposed. Federal and state RFP guidelines should be ready in the spring.



\*\*Do You Know About??

The Regional Resource and Federal Centers (RRFC) Network

These centers offer tools and strategies for achieving effective education and human services delivery systems. RRFC assistance includes: coordinating information, services, and programs; coordinating interstate exchanges; and linking research with practice. The Federal Resource Center Web Page offers an extensive list of annotated links to special and general education web sites. The following is a list of available web sites:

- \*\*\*Federal Resource Center for Special Education http://www.dssc.org/frc/
- \*\*\*Northeast Regional Resource Center http://interact.uoregon.edu/WRRC/NERRC/index.htm
- \*\*\*Mid-South Regional Resource Center http://www.ihdi.uky.edu/projects/MSRRC index.htm
- \*\*\*South Atlantic Regional Resource Center http://www.fau.edu/divdept/sarrc/
- \*\*\*Great Lakes Area Regional Resource Center http://www.csnp.ohio-state.edu/glarrc.html
- \*\*\*Mountain Plains Regional Resource center http://www.usu.edu/~mprrc/

# \*\*\*Western Regional Resource Center http://interact.uoregon.edu/wrrc/wrrc.html

"There cannot be a crisis today; my schedule is already full."

# ^^^^^RECENT PUBLICATIONS^^^^^

>>> Discussion of School-Related Predictors of Problem Behavior

D.C. Gottfredson (1997). School-based crime prevention. In L.W. Sherman, D.C. Gottfredson, D. MacKenzie, L. Eck, P Reuter, & S. Bushway (Eds.), Preventing Crime: What works, what doesn't what's promising: A report to the United States Congress.

>>>"A Vote of Confidence that Parents Shouldn't Give Up on Their Teens"

November/December, 1997 issue of YOUTH TODAY: "Caring Adults Inoculate Teens Against Risky Behavior" by Debra Gordon.

>>>Children, Violence, and Posttraumatic Stress

Fall, 1997 issue of HUMAN DEVELOPMENT AND FAMILY BULLETIN: A Review of Research and Practice (Vol. 3, Issue 3). The articles can be accessed via e-mail; send an e-mail request to Listsev@agvax.ag.ohio-state.edu indicate -- "subscribe HDFL-Bulletin"

Current and back issues are on the internet:

http://www.hec.ohio-state.edu/famlife/bulletin/bullface.htm

>>> Broad overview of the status of evaluations of community based initiatives (CBIs)

The current issue of the Harvard Family Research Project"s quarterly newsletter, "The Evaluation Exchange" includes a discussion of evaluation challenges related to complex CBIs, information about evaluation strategies, new evaluation approaches and promising methodologies, and a listing of

evaluation resources. Can be accessed through the internet http://hugse1.harvard.edu/~hfrp.

# >>>Best Practices in School Psychology III -- On CD-ROM

Designed to improve access to this 1995 compendium.

## >>>Parents Guide to the Internet

16-page booklet designed to help parents "regardless of their level of technological know-how" to use the internet as an educational tool.

http://www.ed.gov/pubs/parents/internet/

# ^^^^^UPCOMING CONFERENCES, INITIATIVES, WORKSHOPS^^^^^^

Symposium '98 -- Building on Our Strengths -National Network for Youth
February 1-4, 1998, Omni Shoreham Hotel, Washington, DC
To register, contact: NNY, 1319 F Street NW, Suite 401,
Washington, DC, 20004 Phone: (202) 783-7949, Fax: (202) 783-7955

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Alternatives to Expulsion, Suspension, and
Dropping Out of School
February 5-7, 1998, Holiday Inn International Drive
Resort, Orlando, FL
For registration information, call 1-800-537-4903

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Moving Youth, Families, and Communities from "Risk" to Resiliency February 19 & 20, 1998, Marina Village Conference Center, San Diego, CA For a conference brochure or more information, call 1-888-827-8962

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Head Start Research Conference: Children and Families in an Era of Rapid Change July 9-12, 1998, Contact: Faith Lamb Parker, Columbia School of Public Health, CPFH, 60 Haven Ave., B#, New York, NY 10032. Phone: (212) 304-5251; Fax: (212) 544-1911

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Teaching for Excellence April 21-26, 1998, Marriott Marquis Hotel, New York City For more information, contact 1-800-348-4474 or (847) 290-6600

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1998 Summer Institute: Family Research Consortium "Process & Outcome Over Time: Interventions with Families" June 27-30, 1998, Blaine, Washington. Deadline: March 23, 1998. Contact: Kathy Meese, Frank Porter Graham Child Development Center, University of North Carolina, CB# 8180, 105 Smith Level Rd., Chapel Hill, NC 27599-8180. Phone: (919) 966-3318, Fax: (919) 966-7532, E-mail: MEESE.FPG@MHS.UNC.EDU

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For more conference announcements, please refer to our Website at http://www.lifesci.ucla.edu/psych/mh/

# ^^^^CALL FOR PROPOSALS AND PAPERS^^^^^

Special issue of Applied Community Psychology

Brief (250-750 word) manuscripts describing or evaluating any (good, bad, or mixed) application of community psychology. Send to David Julian (United Way of Franklin County, 360 S. Third St., Columbus, OH 43215-5485; email:djulian@pie.mhsc.org; fax:614-224-5835) and Doug Perkins (FCS Dept./AEB, U. Of Utah, Salt Lake City, UT 84112, email: perkins@fcs.utah.edu; fax: 801-581-5156).

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Education is not the filling of a pail, but the lighting of a fire.

^^^^HELPFUL WEBSITE and LISTSERV RESOURCES^^^^^

>>Center for the Advancement of Youth, School, and Community Development:

dedicated to fostering development of healthy children by promoting strong family, school, and community systems. http://www.louisville.edu/groups/cayscd/

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>>Center for Research on At-Risk Students: committed to research activities resulting in recommendations for policies and practices to assist individuals in reaching higher levels of learning.

http://www.wmich.edu/at-risk/

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>>National Institute on the Education of At-Risk Students designed to improve education of students at risk of failure because of limited English proficiency, poverty, race, geographic location, or economic disadvantage http://www.ed.gov/offices/OERI/At-Risk/

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>>"Read With me: A Guide for Student Volunteers Starting Early Childhood Literacy Programs:" While geared toward college students working with preschool children, ideas in the booklet can be adapted for children of different ages. http://www.ed.gov/pubs/ReadWithMe/.

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>>"Perspectives on Education Policy Research: Meeting the Information Needs of Education Policy Makers:"
summarizes issues/research needs facing policy makers,
as expressed by policy makers and leaders themselves at
a planning forum sponsored by the Natl. Institute on
Educational Governance, Finance, Policy making & Management.
http://www.ed.gov/pubs/MeetInfoNeeds/.

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>>"New Skills for New Schools"
offers a framework and examples for improving teacher training in family involvement.
http://www.ed.gov/pubs/NewSkills/

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>>The Foundation Center>> provides grant makers, grant seekers, researchers, policy makers and the general public with convenient, access to information about the philanthropic community.

http://www.fdncenter.org

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You can also link to other mental health related sites from our Website, http://www.lifesci.ucla.edu/psych/mh/

(If you haven't visited our site lately, click on "What's New" -- we add new materials every couple of weeks).

If you have favorite sites you think others would find useful, let us know.

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## ^^^^^JOB ANNOUNCEMENTS^^^^^

FamiliesFirst, Inc. -- Executive Director, Sacramento Region

Seeks a leader with at least five years experience in a social service or mental health agency. This newly developed position reports to the Vice President of FamiliesFirst and serves as the administrator of all services provided from the Sacramento site, including foster care, in-home mental health and wrap-around programs. Supervises Program Directors, an Office manager and a staff of 140 employees in addition to managing a budget of \$8 million, programming, human resources, fiscal affairs and strategic planning.

Send resume and cover letter to: Morris & Berger, 201 S. Lake Ave., Ste. 700, Pasadena, CA 91101, Fax: (626) 795-6330.

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Save the Children: Program Manager/Community Programs

This international community development agency has an opening in the U.S. Programs Division of its Westport, CT world-wide headquarters. Reporting to the Director of Community Programs, the Program Manager's primary responsibility is to assist with implementation of SC's National Leadership Collaborative for Community Programs for children and youth. Requirements:

Min. B.A. Masters preferred. Needs an understanding of urban challenges, experience working with urban youth, and management level experience focused on delivering services to at-risk children/youth. Exceptional written/oral communication skills; experience administering training programs. Some travel required. Fluent Spanish desired. Send resume w/salary history to: Save the Children, Dept. 744/YT/LZ, 54 Wilton Road, Westport, CT 06880.

\*

Program Specialist in Communications and Philanthropy: National Funding Collaboration on Violence Prevention

Seeks a skilled professional to work with the Executive Director and other staff to develop and implement a strategy for outreach to the philanthropic sector. Submit resume (including educational and work experiences in communication and philanthropy), writing sample, list of relevant references and salary requirements to: NFCVP/COMPHIL, 815 15th Street, NW, Suite 801, Washington, DC 20005 or fax: (202) 393-4148.

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## Assistant or Associate Professor

A new Center on Prevention Research is being formed at Penn State University to collaborate with communities to develop prevention programs for children and families, conduct clinical trials, and provide consultation and evaluation to existing prevention efforts. Send vitae and supporting information (e.g., reprints preprints, letters from three references) to: Sheila Bickle, Staff Assistant, Intervention Search Committee, 110 Henderson Building South, College of Health and Human Development, The Pennsylvania State University, University park, PA 16802. Applications and nominations will be reviewed beginning immediately and will continue until a suitable candidate is found.

\*

# At the University of Illinois at Chicago

The School-Family Partnership Project seeks a Ph.D. to start as soon as possible. Responsibilities include co-authoring curriculum and other intervention materials to promote home-school communication and parent involvement, supervising graduate and undergraduate students implementing the project in the schools, and making presentations to disseminate the projects work at a national level. Send letter of interest, vitae, and names of three references to: Roger Weissberg, c/o Eva Patrikakou, Department of

Psychology (M/C 285), The University of Illinois at Chicago, 1007 West Harrison Street, Chicago, IL 60607-7137.

The School of Public Health has an opening in health promotion and education for someone who is strong in theories and their application in community-based intervention research (e.g., an individual trained in community psychology with experience in public health issues -- such as substance abuse, AIDS, physical activity, nutrition, violence). Will collaborate with other HP/DP faculty, plus faculty from psychology and other disciplines who conduct prevention research at the Prevention Center. Send letter of application, resume, and names of five references, to: Susan R. Levy, Ph.D., CHES Professor, University of Illinois at Chicago, School of Public Health (m/c 275), 850 W. Jackson Blvd., Chicago, II, 60607-3025.

The Prevention Research Center of the University of Illinois at Chicago is looking for people to work with them on analysis and publication of data on the etiology and prevention of adolescent drug use and violence. Send CV, cover letter and have three letters of reference sent as soon as possible to: Brian R. Flay, Prevention Research Center, University of Illinois at Chicago, 850 West Jackson Blvd, Suite 400, Chicago, IL 60607

\*

San Francisco State University, Institute Director

Associate or Full Professor based on qualifications and experience to direct the new Marian Wright Edelman Institute for the Study of Children, Youth and Families. Application review begins December 10, 1997.

## **Qualifications:**

- \*Earned Doctorate in human or child development or related field
- \*Demonstrated ability to obtain grant funding
- \*Published scholarship and a record of successful teaching
- \*Effective leadership, communication, collaboration and administrative skills
- \*Experience with diverse populations and building university-community partnerships.

Submit a letter of application, vita and three letters of reference to: Chair, Search Committee, Marian Wright Edelman Institute, College of Behavioral and Social Sciences, San Francisco State University, 1600 Holloway Avenue, San Francisco, CA 94132.

# NEWS FROM OUR CENTER AND OUR SISTER CENTER >From the Center's Clearinghouse ...

"Guiding Parents in Helping Children Learn" is a new resource aid developed by the Center. A major feature of this aid is a booklet written for nonprofessionals to help them understand what is involved in helping children learn. The work also contains information about basic resources that professionals can draw on in helping parents and other nonprofessionals enhance children's learning and performance.

"What Schools Can Do to Welcome & Meet the Needs of All Students and Families" is the most recent guidebook developed by our Center. It offers program ideas and resource aids that can help address some major barriers that interfere with student learning and performance. The topics addressed are:

- >>>>welcoming and offering social support at a school site
- >>>>using volunteers to provide extra assistance to students and their families
- >>>>involving those in the home in schooling and at school
- >>>>connecting students with the right help
- >>>>understanding and responding to learning problems and learning disabilities
- >>>>responding to student's ongoing psychosocial and mental health needs.

"Parent and Home Involvement in Schools" The Center has updated and added a range of resource aids to this introductory packet which provides an overview of how home involvement is conceptualized, outlines current models, and highlights a range of references, agencies, and internet resources. Special attention is paid to the importance of involving those who do not currently find school involvement something to which they are attracted.

Our Fall 1997 Newsletter has just been mailed to everone on our mailing list.

Topics featured include:

\*Easing the Impact of Student Mobility:

Welcoming & Social Support
\*Ideas into Practice: Welcoming Strategies for
Newly Arrived Students & Their Families
\*Lessons Learned: Systems of Care, Systems of
Early Intervention, Systems of Prevention

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If you want to be added to our mailing list, you can reach us by

E-mail: smhp@ucla.edu

Phone: (310) 825-3634 / Fax: (310) 206-8716

Write: Center for Mental Health in Schools
Department of Psychology, UCLA
Box 951563
Los Angeles, CA 90095-1563

## NEWS FROM OUR SISTER CENTER --

The Center for School Mental Health Assistance at the University of Maryland at Baltimore

For those who wish to be on their mailing list, contact:

CENTER FOR SCHOOL MENTAL HEALTH ASSISTANCE (CSMHA)
University of Maryland at Baltimore, Department of Psychiatry
680 West Lexington Street, 10th fl., Baltimore, Maryland 21201-1570
(888)706-0980/csmha@csmha.ab.umd.edu/http://csmha.ab.umd.edu/

CSMHA is a national training and technical assistance center designed to promote the expansion and improvement of mental health services for school-aged children and youth. Director: Mark Weist, Ph.D. Co-Director: Bernice Rosenthal, M.P.H. Program Coordinator: Marcia Glass-Siegel, MSS, LCSW-C.

Like our center, CSMHA is supported by Maternal and Child Health Bureau, Office of Adolescent Health, HRSA, U.S. Department of Health and Human Services.



IS THERE ANYTHING YOU'D LIKE US TO INCLUDE IN THE NEXT ISSUE?

THIS IS THE END OF THIS ISSUE OF ENEWS Below is a brief description of our Center.

## WHO ARE WE?

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA, we operate the Center for Mental Health in Schools. The Project and Center are co-directed by Howard Adelman and Linda Taylor and coordinated by Perry Nelson and Judy Onghai.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given policies and strategies that can counter fragmentation and enhance collaboration between school and community programs.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials development, direct assistance, andfacilitating networking and exchanges of ideas.

For more information, contact

UCLA School Mental Health Project/ Center for Mental Health in Schools

Voice: (310) 825-3634 Fax: (310) 206-5895 email: smhp@ucla.edu

Web page: http://www.lifesci.ucla.edu/psych/mh/

Or write: School Mental Health Project/

Center for Mental Health in Schools

Dept. of Psychology, UCLA,

Box 951563,

Los Angeles, CA 90095-1563.