ENEWS -- A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/ CENTER FOR MENTAL HEALTH IN SCHOOLS

April, 1999 -- (Vol 3, # 7)

WHAT IS ENEWS? (for those who don't know)

This forum is another link for those concerned with enhancing policies, programs, and practices related to addressing barriers to student learning and promoting mental health in schools. It augments the other ways our Center shares information and facilitates interchange/networking.

^^^^^^

FEEL FREE TO FORWARD THIS TO ANYONE.

WHAT'S HERE THIS MONTH

**Emerging Issue

>New Legislation: Ed-Flex

- **News from around the Country
- **Recent Publications Relevant to
 - >Comprehensive Mental Health
 - >Violence Reduction
 - >Child Welfare
- **Upcoming Initiatives, Conferences, Workshops
- **Call for Proposals and Papers
- **Helpful Resources
- **Job Announcements
- **Internships & Postdoctoral Training
- **Comments/Requests/Questions from the Field
- **News From Our Center and Our Sister Center

To post messages to ENEWS, E-mail them to: smhp@ucla.edu

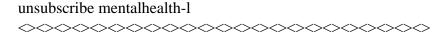
If you were sent ENEWS indirectly, you can be added to our list at no charge by sending an E-mail request to:

listserv@listserv.ucla.edu (Please note new E-mail address to subscribe.)

leave the subject line blank, and in the body of the message type: subscribe mentalhealth-l

(by the way, that last character is 'l' as in larry, not the #1)

To remove your name from the mailing list type:



EMERGING ISSUE

>>>>New Legislation: Ed-Flex <<<<<

The new "ed-flex" legislation will provide for more waivers and greater latitude in how states and schools spend federal education dollars. In reading the fine print, some folks are worried. For example, they caution that states will be allowed to shift money in ways that hurt poor children, that funds slated for class-size reduction and other prevention initiatives will be used to finance special education, that advocates for addressing barriers to learning will be pitted against each other, and that schools will actually be less accountable for improving academic achievement.

What is your perspective on all this? If you foresee problems, do you see ways to minimize the negative consequences of this major shift in policy?

Let us hear from you and we will include responses in the next issue of ENEWS and/or on our website.

E-mail: smhp@ucla.edu Phone: (310) 825-3634

Write: Center for Mental Health in Schools, Department of Psychology, UCLA

Los Angeles, CA 90095-1563

NEWS FROM AROUND THE COUNTRY

>>50th Anniversary Celebration of Mental Health Month<< May is Mental Health Month. Under the aegis of the National Council for Community Behavioral Healthcare and the National Mental Health Association, this year's campaign theme is: "To Your health!/Mental Health Matters." For more information and to receive a planning kit, Contact: NMHA Information Center by phone: (703) 838-7534 or email: infoctr@nmha.org

>>Title I Assessment Results<<

"Promising Results, Continuing Challenges: Findings from the National Assessment of Title I," Report examines the effects of Title I on student performance in the nation's highest poverty schools and positively notes that since 1992, reading performance on the National Assessment of Educational Progress (NAEP) improved for 9-year-olds in the highest poverty schools (those schools with 75% or more low-income children).

To see highlights and the executive summary of the report, link to: http://www.ed.gov/offices/OUS/eval/elem.html#Title I.

>>IDEA Progress<<

The 20th Annual Report to Congress on the Implementation of IDEA stresses progress made since passage of Individuals with Disabilities Act. One set of findings note that the number of students with disabilities ages 14-22 graduating with diplomas increased 31% since 1986.

The report is online: http://www.ed.gov/offices/OSERS/OSEP/OSEP98An1Rpt/

>>Electronic Journal: Prevention and Treatment <<
A new issue of the electronic journal Prevention and Treatment published by the American Psychological Association is available at: http://journals.apa.org/prevention/. Current volume includes: Expanding the Frontier of Treatment Research; Organizational Requirements for Effective Clinical Effectiveness Studies; and, NIMH Support for Psychotherapy Research-- Opportunities and Questions.

If you can smile when things go wrong, you have someone in mind to blame!

^^^^^RECENT PUBLICATIONS^^^^^

*COMPREHENSIVE MENTAL HEALTH<=<=<=

>>A Program of Comprehensive School-Based Mental Health Services in a Large Urban Public School District: The Dallas Model -- By Glen Pearson, Jenni Jennings, and James Norcross, Published in Adolescent Psychiatry: The Annals of the American Society for Adolescent Research, (1998) Vol. 23, pp. 207-231. Reviews literature on school-based mental health services, traces the development of the Dallas service delivery model, and reports the results of its program evaluation.

>> Systems of Care: Promising Practices in Children's Mental Health:

Promising Practices in Wraparound for Children with Serious Emotional Disturbance and their Families -- Edited by Barbara J. Burns and Sybil K. Goldman, Published by U.S. Department of Health and Human Services, 1998. Identifies the essential elements of wraparound, provides a meta-analysis of the research previously done on the topic, and examines how three sites are turning wraparound into promising practices in their system of care. Available free at: http://www.air-dc.org/cecp/ or by calling (301) 443-1333.

*VIOLENCE REDUCTION<=<=<=

>>American Youth Violence -- By Franklin E. Zimiring, Published by Oxford University Press. Provides a detailed analysis of crime statistics among youths and the future of the juvenile justice system. To order: www.oup-usa.org.

>>Reducing Violence: Schools Can Take a Lead -- Policy brief published by the Konopka Institute for Best Practices in Adolescent Health: Vol. 1, No. 4, Winter 1999.

Outlines violence prevention programs that do and don't work. Strategies that DO work capitalize on protective factors.

Those that DON'T work focus solely on individuals committing violent acts. For a copy, or for more information about school violence, contact: Judith Kahn, Executive Director, Konopka Institute, (612) 625-7137; email: konopka@tc.umn.edu

>>Preventing Crime: What Works, What Doesn't, What's Promising --

By L.W. Sherman, D. C. Gottfredson, et al. Prepared by the University of Maryland for the National Institute of Justice (1997). Of particular relevance is chapter 5, which evaluates and analyzes conclusions drawn from research on school-based prevention and intervention techniques, methods and programs. Available free at: www.ncjrs.org/works/ (select Chapter 5) or by calling (800) 851-3420.

>>Teaching Peace -- By Jan Arnow, Published by Institute for Intercultural Understanding. An adult's guide to diminishing hate between young people and their communities. To order: http://iglou.com/members/jarnow.

>>The Social Psychology of Emotional and Behavioral Problems: Interfaces of Social and Clinical Psychology -- Edited by Robin M. Kowalski and Mark R. Leary, Published by the American Psychological Association. Integrates Social and Clinical Psychology perspectives on emotional and behavioral problems. To order: www.apa.org/books or call (800) 374-2721.

***CHILD WELFARE<=<=<

The Children's Budget Report: A Detailed Analysis of Spending on Low-Income Children's Programs in 13 States -- By Kimura Flores and Toby Douglas, Published The Urban Institute. Details amount spent of federal, state and local funds on programs designed to help poor children and their families in fiscal year 1995. Available free at: www.urban.org or call: (202) 833-7200.

^^^^^UPCOMING INITIATIVES, CONFERENCES, WORKSHOPS^^^^^^

>>Making Sense of the New IDEA Regulations -- May 6-June 11, 1999 in 41 different U.S. cities. Sponsored by LRP Publications, this workshop series provides an overview and analysis of the final federal regulations for implementing the 1997 Amendments to the Individuals with Disabilities Education Act. There will be a presenter at each site. Contact: LRP Publications, IDEA Regulations, 1555 King St., Suite 200, Alexandria, VA 22314; Phone: (800) 727-1227 ext. 505; Fax: (703) 739-0489; email: lrpconf@lfp.com.

>>International Association of Psychosocial Rehabilitation Services Annual Conference -- May 10-14, 1999 in Minneapolis, MN. For professionals who work on behalf of persons with severe mental illness. Contact: Ruth Hughes, Chief Executive Officer, IAPRS, 10025 Governor Warfield Parkway, Suite 301, Columbia, MD 21044-3357; Phone: (410) 730-7190; Fax: (410) 730-5965.

>>American Professional Society on the Abuse of Children's (APSAC) Seventh National Colloquium -- June 2-5, 1999 in San Antonio, Texas. Major source of information and research for interdisciplinary professionals in the field of child abuse and neglect. Contact APSAC's Training Department: APSAC, 407 South Dearborn St., Suite 1300, Chicago IL 60605; Phone: (312) 554-0166; Fax: (312) 554-0919; Email: APSACEduc@aol.com; Website: www.apsac.org.

>>Celebrating What Works for Kids!: The Value of School-Based Health Centers -- June 3-5, 1999 in Sedona, AZ. Discussions directed to SBHC staff, policy makers, sponsors, and potential sponsors to identify the value of SBHCs and to increase practical knowledge about center operations and opportunities to work within the managed care continuum. Contact: The Conference Connection, 8338 E. Buena Terra Way, Scottsdale, AZ 85250; Phone: (800) 852-5799; Fax: (602) 949-2894.

FOR MORE CONFERENCE ANNOUNCEMENTS, REFER TO OUR WEBSITE AT http://smhp.psych.ucla.edu (Go to "Contents" then click on "Upcoming Events of Interest".)

 $\|:\ldots:|:\ldots:|:\ldots:|$

^^^^CALL FOR PROPOSALS AND PAPERS^^^^^

>>Involved in a Successful Prevention Program? Here's a Chance at National Recognition!<<

"Guidelines and Materials for Submitting Safe, Disciplined, and Drug-Free Schools Programs for Review" is available on-line and for downloading -- http://www.rmcres.com/expertp/index.html. The Safe and Drug-Free Schools Program (SDFS) working with the Office of Educational Research and Improvement has a process for identifying and designating promising/exemplary school-based programs. Once programs are designated as exemplary or promising, the Department will disseminate information about them and encourage their use. In addition to the above website, printed copies can be requested at (800) 258-0802 or from lvandegriff@rmcres.com (fyi:that email address begins with the letter "1" as in larry, not the number "1.")

Submissions must be received by May 28, 1999 for review during this cycle.

>>Invitation to Present on the Collaborative Processs of Partnership<<
National Symposium, "Student Success: The Business of Partnerships" (November 10-22, 1999 in Arlington, VA). Suggested topics include exploring how partnerships are changing teaching and learning to help all students. Contact: National Association of Partners in Education, 901 North Pitt Street, Suite 320, Alexandria, VA 22314-1536.

>>U.S. Department of Education Grants<<

See: www.ed.gov/legislation/FedRegister/announcements/1999-1/031599a.html

*Applications sought for Recreational Program Grant<< Seeking programs providing recreational activitities and related experiences for individuals with disabilities -- that will aid their employment, mobility, socialization, independence, and community integration (Fed. Register: March 15, 1999, CFDA# 84.128J). Deadline: 4/30/99.

*Applications sought for Parental Assistant Program Grant<<
To assist nonprofit organizations in establishing parental information and resource centers that would (1) increase parents' knowledge, and (2) enhance childrens' development (Federal Register: March 31, 1999, CFDA# 84.310A). Deadline: 4/30/99.

*Applications sought for Research and Innovation to Improve Services and Results for Children with Disabilities << Research grants to improve IDEA services and education/ early intervention results (Federal Register: March 3, 1999, CFDA# 84.324). Deadline: 4/23/99.

*Applications sought for Technical Assistance and Dissemination to Improve IDEA Services<<

Programs that provide technical assistance and serve as resources/clearinghouses working with state/local entities to improve early intervention and educational services for children with disabilities (Federal Register: March 3, 1999, CFDA# 84.326). Deadline: 4/30/99.

Thinking about School-Community Partnerships:
"If our concern is with education, we cannot restrict our attention to the schools, for education is not synonymous with schooling. Children -- and adults -- learn outside school as well as -- perhaps more than -- in school. To say this is

not to denigrate the importance of schools; it is to give proper weight to all the other educating forces in American society..."
-Charles E. Silberman

^^^^HELPFUL RESOURCES^^^^^

>>Guidesite for "Every" Topic: The Mining Company<< http://home.miningco.com/index.htm
Unlike traditional search engines that use keywords to filter in all matching websites, this site provides a network of comprehensive Web sites for over 600 topics -- many of which are of relevance to mental healh in schools and addressing barriers to student learning.

>>The Respect Project<<http://pages.infinit.net/provyvon/index_eng.html
Developed by the Department of Philosophy, Granby, Quebec; contains philosophical
expositions on the importance of respect for humanity.
In particular, it aims to facilitate thought and dialogue about the
ethics of inter-cultural and inter-individual respect.

>>Safeguarding Your Children<< http://www.pta.org/programs/sfgrdtoc.htm Sponsored by the National Parent Teachers Association (PTA) and Allstate Foundation; provides an annotated list of resources for families, schools, and communities to help plan and implement violence-prevention programs.

>>Positive Approaches to Behavioral Support, Inclusion, School as a Caring Community<<ht>http://www.quasar.ualberta.ca/ddc/inl/intro.htm#top Contains useful information about behavioral strategies that can be used in schools.

>>CEC Special Web Focus: Discipline, Behavior and Intervention<< http://www.cec.sped.org/bk/focus/specfoc.htm
This Special Focus section of The Council for Exceptional Children's (CEC) Web site offers downloadable access to articles on discipline and behavior.

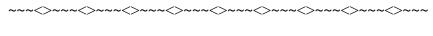
YOU CAN LINK TO OTHER RELEVANT SITES FROM OUR WEBSITE

http://smhp.psych.ucla.edu

(From our home page, click on "Links to Other Sites")

(Haven't visited our site lately? Click on "What's New" -- we add new materials every week.)

If you have favorite sites you think others would find useful, let us know.



^^^^^JOB ANNOUNCEMENTS^^^^^

>>>>Day-Care Mental Health Specialist<<<<

Responsible for consultation with teachers, therapeutic and case management services to children/families. Full-time and part-time positions available. Requirements: MSW or closely related field, bilingual Spanish. Contact: G. Walteros, IFR 2837 Mission St., San Francisco, CA 94110. Deadline: June 1, 1999.

>>>>Child and Family Based Services<<<

Affiliated with Kansas University, The Bert Nash Center located in Lawrence, Kansas is now recruiting for an experienced Ph.D. to implement an exciting in-home intervention with juvenile offenders and their families. Contact: Heidi Gowen, HR Manager, Bert Nash CMHC, 336 Missouri, Lawrence, KS 66044; Phone: (785) 843-9192.

>>>>Early Childhood Research Scientist<

Center for Children & Families, Education Development Center is seeking an experienced researcher. Contact: Margo Sweet, Center for Children & Families, EDC, 55 Chapel St., Newton, MA 02458.

Fax: (617) 969-3440; Email: Msweet@edc.org; Website: www.edc.org. Applications reviewed as they are received.

>>>>Assistant Professor: School-Community Psychology/
Combined Clinical and School Psychology<<<<
This Hoffstra University PsyD Program seeks applicants with
experience in school and community based intervention programs
to supervise student research. Contact: Howard Kassinove, Ph.D.,
ABPP, Chairperson, Department of Psychology, Hofstra University,
Hempstead, NY 11549. Position begins Sept. 1, 1999.

>>>>Program Coordinator for Participatory Development<<<< The Community Partnership Center (CPC) of the University of Tennessee, Knoxville, is seeking a specialist in participatory development to implement and build a participatory research, planning, and training program. Contact: Dr. Virginia Seitz, Executive Director, Community Partnership Center, The University of Tennessee, 410 Aconda Court, Knoxville, TN 37996-0645; Fax:(423) 974-9035; Website: www.ra.utk.edu/cpc. Application review begins April, 1999 and will continue until position is filled.

^^^^^INTERNSHIPS & POST DOCTORAL TRAINING^^^^^

>>>>Research Post-Doc: Pediatric Psychology<<<<
The University of Miami School of Medicine seeks applicants for 2-3 year positions for research on health behavior in minority pediatric populations. Appointments begin Summer, 1999. Contact: Pediatric Psychology Fellowship Program, Mailman Center for Child Development (D-820), P.O. Box 016820, University of Miami School of Medicine, Miami, FL, 33101; Email Program Co-Directors: Alan Delamater (adelamat@peds.med.miami.edu) or Annete LaGreca (alagreca@miami.edu).

>>>>Research Post-Doc: Community-Based Prevention Research<
A research associate is sought to coordinate/head the study of the Pennsylvania Communities that Care Project at the Prevention Research Center for the Promotion of Human Development at Pennsylvania State University. Contact: Mark Greenburg, Bennett Chair of Prevention Research, Director, Prevention Research Center, HDFS- Henderson Building South Room 109; Penn State University, University Park, PA 16802. Phone: (814) 863-0112; Fax: (814) 865-2530; Email: xg47@psu.edu.

Then I built a small university.

COMMENTS/REQUESTS/QUESTIONS

>>Re. the end of social promotions. From the Los Angeles Times (4/17/99): "L.A. school officicals have significantly scaled back ambitious plans to end social promotion next year in the face of daunting financial and logistical hurdles." They anticipate at least 150,000 students are in danger of flunking and the system is having difficulty establishing necessary interventions to counter the need for retention.

>>In response to frequent requests, our Center will soon develop

technical aid packets or samplers on the topics of (1) "Outcomes and Other Data Supporting Efforts to Address Barriers to Learning" and (2) "Using Advanced Technology to Enhance Efforts to Address Barriers to Learning" (this will include data and case management systems, use of technology for assessment, prevention, and correction, training, etc.) We are seeking any information you may have that should be included in such works.

- >>Correction. Thanks to John Schlitt for calling our attention to an error in last month's ENEWS. "After-School Care in Brief," was published by the National Assembly of National Voluntary Health and Social Welfare Organizations. The contact information was correct.
- >>Request. We have received a request from a Mental Health organization that is seeking sample contracts, RFP's, and any other useful information that will help them develop a good contract with a public relations firm to publicize mental health services. If you can help, let us know and we will forward the responses.

>>Request. Meredith Brown, Ph.D., a psychologist at Georgetown University Hospital- Department of Pediatrics, is seeking resources related to schools' role in addressing the increasing rate of eating disorders in young children and adolescents.

Contact: Meredith Brown, 2PHC 3300 Reservoir Rd., Washington, DC, 20007.

You can respond directly when contact info is provided, or simply send us the information (smhp@ucla.edu) and we will forward it. If you send it direct, please also send us a copy so we can let others know the info.

NEWS FROM OUR CENTER AND OUR SISTER CENTER

The CENTER for MENTAL HEALTH in SCHOOLS, UCLA:

>>>New Introductory Packet:

"Conduct and Behavior Problems:

Intervention and Resources for School Aged Youth"
This introductory packet describes a range of conduct and behavior problems using fact sheets and the classification scheme from the American Pediatric Association. It discusses different intervention approaches based on the degree of

problem manifested. Interventions include environmental accommodations, behavioral strategies, and medication. (Because the intent is only to provide a brief overview, also included is a set of references for further reading and a list of agencies that provide information on these problems and relevant interventions.)

>>>New Technical Assistance Sampler on Resilience:

"Protective Factors- Resiliency"

Contains a sample of diverse resources and links to other resources and information. Topics include: (1) Protective Factors and Resistance to Psychiatric Disorder; (2) Fostering Resiliency; and (3) Intervening in the School, Home, and Community. Approaches the topic of fostering resilience as an inside-out, deep structure process of changing our own belief systems to see resources and not problems in youth, their families, and their cultures. Fostering resilience also is seen as requiring a focus on policy.

>>>Additions to our Website

*** New Quick Find -- offers a fast way to access Center technical information and resources. From our home page, click on "Contents" to find the Quick Find search box. From there, you can access Center responses to specific technical assistance requests we've received in the past; you can also access a variety of Center-developed materials.

*** New Gateway Links to Relevant Sites -- The Gateway Sites webpage provides a listing of major agency websites that offer access to other information and support relevant to the topics of mental health in schools and addressing barriers to student learning. From our home page, click on "Contents," then scroll down and click on "Links to other WWW sites of interest to the mental health community."

*** New Interact! -- Interact is a user-friendly message board to allow people to interact with us and one another on any topic of interest. From Interact, you can read posted messages, reply to existing messages, or post a new message. In a nutshell, Interact allows people outside the Center to communicate with one another! From our home page, click on "Interact!"

As fast as we can, we are adding our materials for Internet access (in PDF file format for easy downloading). Refer to the resources section of our web site for directions on downloading.

http://smhp.psych.ucla.edu.

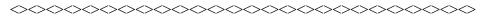
FOR THOSE WITHOUT INTERNET ACCESS, ALL RESOURCES ARE AVAILABLE BY CONTACTING THE CENTER.

Let Us Hear From You:

E-mail:smhp@ucla.edu Ph:310-825-3634 Fax: 310-206-8716

Write: Center for Mental Health in Schools, Department of Psychology, UCLA Box 951563 Los Angeles, CA 90095-1563

To post messages to ENEWS, E-mail them to smhp@ucla.edu.



^^NEWS FROM OUR SISTER CENTER

-- The Center for School Mental Health Assistance (CSMHA) at the University of Maryland at Baltimore

The Center wants to remind users that they can request articles and resource materials from a list of current documents developed by the Center. Please see their website for details: http://csmha.ab.umd.edu

>>Upcoming from CSMHA:

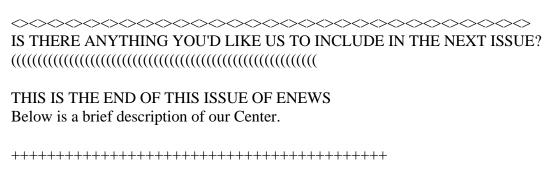
- * Annual Conference (Sept. 16-18, 1999 in Denver, CO). For information call the Center.
- * Call for Regional School Mental Health Programs -- Please submit information about regional school mental health programs to include in CSMHA's revised directory, due for distribution in the Spring of 1999. The format for this submission is on the website (http://csmha.ab.umd.edu) or can be mailed or faxed by calling (888/706-0980).

~~~~~~~~~~~~

For those who wish to be on their mailing list, please contact: CENTER FOR SCHOOL MENTAL HEALTH ASSISTANCE University of Maryland at Baltimore, Dept. of Psychiatry 680 West Lexington Street, 10th fl., Baltimore, MD 21201; Ph: 888/706-0980; E-mail: csmha@csmha.ab.umd.edu; http://csmha.ab.umd.edu

The Center for School Mental Health Assistance (CSMHA) at the University of Maryland at Baltimore, Dept. of Psychiatry, is a national training and technical assistance center designed

to promote the expansion and improvement of mental health services for school-aged children and youth. The CSMHA is directed by Mark Weist, Ph.D. and Olga Acosta, Ph.D. is the Program Coordinator.



#### WHO ARE WE?

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA, we have established a Center for Mental Health in Schools. The Project and Center are co-directed by Howard Adelman and Linda Taylor.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given policies and strategies that can counter fragmentation and enhance collaboration between school and community programs.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials development, direct assistance, and facilitating networking and exchanges of ideas.

For more information about the Center or about ENEWS, contact Perry Nelson, Howard Adelman, or Linda Taylor at

UCLA School Mental Health Project/Center for Mental Health in Schools

Voice: (310) 825-3634 Fax: (310) 206-5895

E-mail: smhp@ucla.edu Web Site: http://smhp.psych.ucla.edu

Write: School Mental Health Project/Center for

Mental Health in Schools Dept. of Psychology, UCLA,

Box 951563, Los Angeles, CA 90095-1563.

\_\_\_\_\_\_