

## **A Brief Resource Guide for Discussing New Directions for Schools to Better Address Learning, Behavior, and Emotional Problems**

### **I. Why schools need to reframe how they address learning, behavior, and emotional problems**

Read and discuss:

- > *We must Transform How Schools Address Barriers to Learning*  
<https://edsources.org/2022/we-must-transform-how-schools-address-barriers-to-learning/668110>
- > *Don't Limit Thinking about How Schools Can Best Help Address Students' Mental Health*  
<http://smhp.psych.ucla.edu/pdfdocs/2-24-22.pdf>

### **II. What might a Unified, Comprehensive, and Equitable System look like at schools?**

Read and discuss:

- > *Restructuring California Schools to Address Barriers to Learning and Teaching in the COVID 19 Context and Beyond* [https://edpolicyinca.org/sites/default/files/2020-11/pb\\_adelman\\_nov2020.pdf](https://edpolicyinca.org/sites/default/files/2020-11/pb_adelman_nov2020.pdf)
- > *2021-22: Addressing Learning, Behavior, and Emotional Problems Through Better Use of Student and Learning Support Staff*  
<http://smhp.psych.ucla.edu/pdfdocs/supports.pdf>

### **III. Building on Efforts Related to MTSS and Community Schools**

Read and discuss:

- > *The MTSS Continuum: Essential but Not Comprehensive Enough – How to make it Better*  
<http://smhp.psych.ucla.edu/pdfdocs/mtss2019.pdf>
- > *Rethinking MTSS to Better Address Barriers to Learning*  
<http://smhp.psych.ucla.edu/pdfdocs/newsletter/fall19.pdf>
- > *Evolving Community Schools and Transforming Student/Learning Supports*  
<http://smhp.psych.ucla.edu/pdfdocs/evolvecomm.pdf>

### **IV. Getting started – some first steps to improve student/learning supports**

Read and discuss:

- > *ACTION STEPS for Improving How Schools Address Barriers to Learning and Teaching – including mental health concerns*  
<http://smhp.psych.ucla.edu/pdfdocs/actionsteps.pdf>

### **V. What's involved in scaling-up and sustaining the system changes?**

Read and discuss:

- > *Implementation Science and Complex School Changes*  
<http://smhp.psych.ucla.edu/pdfdocs/implemreport.pdf>

The above and related matters are detailed in

- > Improving School Improvement
- > Addressing Barriers to Learning: In the Classroom and Schoolwide
- > Embedding Mental Health as Schools Change

Access at [http://smhp.psych.ucla.edu/improving\\_school\\_improvement.html](http://smhp.psych.ucla.edu/improving_school_improvement.html)

A host of other free resources to aid in the work are available at <http://smhp.psych.ucla.edu> – for example, the *System Change Toolkit* <http://smhp.psych.ucla.edu/summit2002/resourceaids.htm>

NEED SOME FREE COACHING/TECHNICAL ASSISTANCE?

<http://smhp.psych.ucla.edu/pdfdocs/coach.pdf>

The Center for MH in Schools & Student/Learning Supports is co-directed by Howard Adelman and Linda Taylor, Dept. of Psychology, UCLA. Contact: [adelman@psych.ucla.edu](mailto:adelman@psych.ucla.edu) or [Ltaylor@ucla.edu](mailto:Ltaylor@ucla.edu)